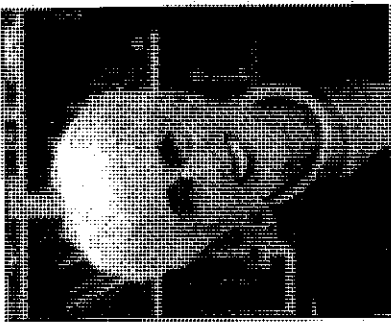




ACAPNJ Academy of Clinical and Applied Psychoanalysis

301 S. Livingston Ave., Livingston NJ 07039

[www.acapnj.org](http://www.acapnj.org)



## FRIDAY NIGHT LIVE AT ACAP

December 4, 2009 7:00 - 9:00 pm

Presents a discussion and dialogue with  
author, therapist, educator:

**Dr. Sheila Zaretsky**

**Using Emotional Wisdom to Help Children  
Recover from  
Hopelessness and Negativity.**

Reserve seats at 973-629-1001, [acapnj@acapnj.org](mailto:acapnj@acapnj.org)  
or online at [www.acapnj.org](http://www.acapnj.org)

**There is a \$20 donation to ACAP**

Tribune 11/25/09

## ACAP Offers Program On At-Risk Children

Dr. Sheila Zaretsky, author of the recently released *Reaching the Unreachable Child*, will discuss her many decades of experience successfully working with difficult, at-risk children on Friday, December 4, from 7 to 9 p.m., at the Academy of Clinical and Applied Psychoanalysis (ACAP), located at 301 S. Livingston Avenue in Livingston.

Dr. Zaretsky will speak on her work helping at-risk children gain success at school and in life. A faculty member and director at ACAP, she will describe how she fostered a therapeutic relationship with her students, enabling them to develop the inner strength and determination to stay in school and ultimately pursue their unique interests and goals in life.

Working in inner city high schools for twenty five years, Dr. Zaretsky believes that children who exhibit a failure to thrive in school and maintain relationships with teachers are actually in a "life and death struggle with themselves."

"Their negativity and off-putting behavior communicate their expectation that adults will only respond to them with anger and rejection," she explains. "Such children are among the 30% of children in this country who never graduate from high school (and twice that number in the inner city), thereby joining millions of other children nationwide who are desperately in need of informed and constructive intervention."

In her talk, Dr. Zaretsky will describe how she helped such children attach to her and develop better feelings about themselves, which led to them becoming more goal-oriented and successful. According to Dr. Zaretsky, the same principle of "supportive connectedness" can apply to the difficult child in the family. Reframing relationships and building nourishing and positive attachments will be discussed.

Following the presentation, participants will have the opportunity to dialogue about cases encountered in the workplace or difficult situations at home. Call 973-629-1001 or send an e-mail to [events@acapnj.org](mailto:events@acapnj.org) to reserve seating. Participants may contribute a suggested donation to ACAP, a 501(C)3 nonprofit organization. Visit the website at [www.acapnj.org](http://www.acapnj.org).