

## Discuss "Successful Interventions With Impossible Couples" at ACAP

ACAP, the Academy of Clinical and Applied Psychoanalysis, holds regularly scheduled "Friday Night Live" discussion programs. On Friday, May 14, ACAP invites everyone interested in learning to understand more about successfully navigating the challenges couples face in today's stressful environment to join a discussion program there with Stanley Hayden, Ph.D. and Valerie Frankfeldt, Ph.D.

During the program, entitled "Successful Interventions with Impossible Couples: In the Office and at Home,"

participants will learn about innovative methods used in Modern Analysis and Imago Therapy to help heal conflicts in a non-threatening, mutually supportive manner and to offer ego-strengthening techniques for weathering tough times. Many therapists find couples notoriously difficult to work with, who are often daunted by the task of making their own lives with someone whose ideas may clash with theirs. The distressed couple presents a mutually "stuck" position resulting from unknowingly expecting the partner to behave in

ways experienced in early childhood encounters. Participants in the May 14 program will learn how to recognize these patterns, design effective communication strategies to empower more satisfying relationships, and to feel more comfortable working with couples and being part of one.

Stanley Hayden, Ph.D. is a psychoanalyst and psychologist with practices in Fair Lawn, and New York City. He is the founder and director of the New Jersey Center for Modern Psychoanalytic Studies (NJCMPS) in Fair Lawn, and was a founding member of the Center for Modern Psychoanalytic Studies (CMPS) in New York.

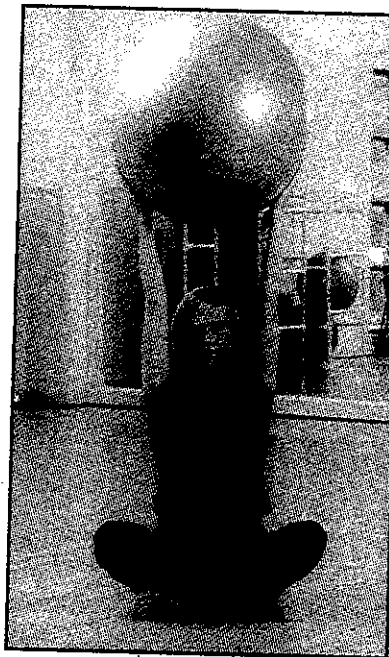
Valerie R. Frankfeldt, LCSW, Ph.D., is a CMPS graduate, director of training at the Psychoanalytic Psychotherapy Study Center (PPSC), and a certified Imago Relationship therapist with a special interest in working with couples by integrating Modern Analytic and Imago theory and technique.

The program will take place on Friday, May 14, from 7 to 9 p.m. at the ACAP offices, 301 South Livingston Avenue, Livingston. You can reserve seats by e-mailing [events@acapnj.org](mailto:events@acapnj.org) or calling 973-251-9312. *ADVT.*

on Tuesday, May 18.

The screenings, co-sponsored by the Livingston Health Department and the Atlantic Health Community Health Initiative, will be held at the Millburn Public Library from 10 a.m. to 1 p.m. in the second floor conference room. Registration is required and may be made by calling 1-800-247-9580. The program will include blood pressure screenings, stroke risk assessments, and stroke prevention education by health care professionals.

To subscribe to the *West Essex Tribune*, call 973-992-1771.



## ESSEX DENTAL PROFESSIONALS

Implants • Cosmetic & General Dentistry

*Join Our Dental Family*

*Jeffrey M. Finkelstein, D.M.D., P.A.*

22 Old Short Hills Road, Livingston, NJ 07039

973-535-9050

[www.32teeth.com](http://www.32teeth.com)



## Blood Pressure Screenings Offered Free to Residents

May has been designated National Stroke Alert Month, and free blood pressure screenings will be offered for residents of Livingston and Millburn

## Schragen Chiropractic, LLC

Advanced Rehabilitation Center

Certified Active Release Technique Provider  
National Board Certified Chiropractic Sports Physician

Laser Therapy, Chiropractic