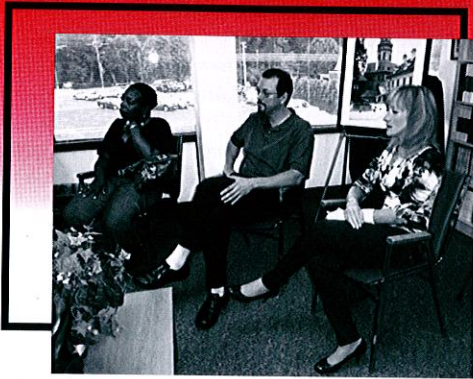


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TRS programs explore the relationship between trauma and emotional development, and its potential as the foundation for life-long resilience, while providing practical, hands-on training for those pursuing careers involving trauma relief and resilience building.

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TRS programs explore the relationship between Trauma and Human Development and its potential as the foundation for life-long resilience, while providing practical, hands-on training for those working in or pursuing careers involving trauma relief and resilience building. The classroom as clinical laboratory utilizes both academic and emotional learning systems and focuses on helping students integrate the nuances of the trauma response process and subtleties of resilience-building strategies.

Diploma in: **TRAUMA AND RESILIENCE STUDIES**

CORE COURSES:

Evolution of Basic Psychoanalytic and Trauma Concepts

Trauma and the Resilient Mind: Contemporary Theories

Role of Human Growth and Development in Trauma and Resilience Responses

Psychopathology of Traumatic States -- Combined with Fieldwork Experience

Psychopathology & Assessment of Maladaptive Responses - Combined with Fieldwork Experience

Look for full program, course objectives, descriptions and CEU information at: www.trauma-studies.com

These courses meet Thurs 7:10pm for 15 weeks each. Other courses for the TRS program can be found at www.acapnj.org

GPSA Evolution of Basic Psychoanalytic and Trauma Concepts
Fall 2012

Trauma and the Resilient Mind: Contemporary Theories
Spring 2013

ACAP is an approved Continuing Education provider for many professional organizations. Please inquire at 973-251-9312



We welcome registrants to take a course for personal and professional growth or to apply for acceptance to the TRS diploma program. The ACAP TRS diploma program prepares students already holding graduate degrees for professional certification as a Trauma Specialist.

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or call: 973-251-9312 or 973-629-1001

Students matriculating in the full TRS Program complete 7 courses + 2 Small Group Supervisions. A hands-on Field experience is included. Graduates of the program receive a Diploma in Trauma and Resilience Studies. ACAP's TRS diploma along with an M.A., or other graduate degree, makes one eligible to apply for certification as a Certified Trauma Specialist. See www.trauma-studies.com and www.acapnj.org for full course information.

The purpose of the ACAP programs in Trauma and Resilience Studies is to enable students to:

- Understand the mental and physiological origins of traumatic reactions as coping outgrowths of challenging personal-developmental-relational phenomena and/or catastrophic life events.
- Recognize trauma responses as adaptation in both healthy and pathological forms, representing early life coping patterns.
- Identify the complex processes underlying trauma reactions,
- Comprehend the adverse impact of secondary trauma, vicarious trauma, on the therapist, care provider, first responder and all personnel involved in minimizing the impact of overwhelming experiences,
- Learn to design practical and strategic interventions that diminish negative trauma/crisis responses, and build resilience both preventively and in delivery of trauma minimization services.
- Incorporate understanding of community resources for trauma prevention and mitigation.

