FAMILY MATTERS: Conflict to Collaboration

Saturday, June 1 - Sunday, June 2, 2019

A Weekend of Workshops and a Sunday Presentation & Dinner with the iStrive Group

16 CE Hours For Full Conference

ACAP & BGSP-NJ co-sponsoring with NAAP

National Association for Advancement of Psychoanalysis

Full brochure, CE info, and registration: www.acapnj.org or call: 973-629-1002
**FAMILY MATTERS:**
Workshops, Presentations, iStrive
Register at www.acapnj.org

Please register as early as possible. Workshop choices are reserved on a “first come basis”. Questions email events@acapnj.org or call ACAP Events: 973-629-1002 or ACAP Main Office 973-629-1001.

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**FAMILY MATTERS:**
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**KEYNOTE PRESENTATIONS**
Saturday & Sunday, June 1-2, 2019

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**Reciprocal Resilience:**
A Family Affair

**Patricia Harte Bratt**

What makes some people and families more resilient than other? How do clinicians, educators, first responders cope with repeatedly listening to the traumatic or overwhelming stories they hear in the course of their work? What might drive them to continue this difficult work, despite all the challenges?

Patricia Bratt demonstrates through current cases and from her recently released book, *Mutual Growth in the Psychotherapeutic Relationship: Reciprocal Resilience*, how we can listen and interact in ways that promote growth in both the listener and the heard.

According to Dr. Bratt, “We can help build resilience in people, families, and groups. They can become resilient in the true meaning of the word, to both adapt and learn to use adverse events as moments of growth. Just as important there are tools we can use in clinical supervision and training of mental health professionals and educators. These strategies can promote a process of Reciprocal Resilience in which each party can grow, enabling them to experience some surprising benefits from the work they do.”

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Patricia Bratt, a psychoanalyst, and an ACS supervisor, practicing in Livingston, NJ and NYC, is a Director, Faculty, and Training Supervisor of the Academy of Clinical and Applied Psychoanalysis (ACAP), and the Boston Graduate School of Psychoanalysis-NJ. Dr. Bratt is President of the National Association for the Advancement of Psychoanalysis (NAAP), and of the NJ State Advisory Committee for Psychoanalysis. Her book, *Mutual growth in the Psychotherapeutic Relationship: Reciprocal Resilience*, was released by Routledge in 2019.
Looking for a rewarding new career? Our partnership with Boston Graduate School of Psychoanalysis brings two new regionally accredited degree programs to New Jersey...

Confessions of a critical reader: I am a reader with a critical eye, always searching for the best images and content to share with you. Today, I have found a truly remarkable document that I believe you will appreciate. It is a page from a book called "The Art of Reading," which is written by a renowned critic named John Smith. The page contains a collection of quotes from some of the greatest authors in history, all of whom have written about the art of reading. The quotes are arranged alphabetically by author, making it easy for you to find the one that speaks to you the most. I encourage you to take a moment to read through the quotes and see if you can find your own personal connection to them. The Art of Reading is available for purchase on Amazon, and I strongly recommend that you add it to your collection of literary treasures. John Smith is a master of the craft, and his insights into the art of reading are truly timeless.
Day 1 Saturday, June 1, 2019
8:15am - 8:45am Registration, orientation, coffee & muffins

8:50am - 9:00am Opening Remarks - Vicki Semel

9:00am - 10:30am Keynote -
RECIPIROCAL RESILIENCE: A Family Affair - with Patricia Bratt

10:45am - 12:15pm Workshop Series 1
Sa-1a - WRITING FAMILY STORIES: FROM MYTH TO TRUTH - Rosemary McGee
Sa-1b - MOTHERS & DAUGHTERS - Annette Vaccaro
Sa-1c - DUALITY: HELPING CHILDREN WITH SPECIAL NEEDS NAVIGATE THE DIGITAL WORLD - Tom Tufaro
Sa-1d - INSTILLING CONFIDENCE IN GIRLS - Judy Lapides

12:20pm - 1:00pm Lunch

1:15pm - 2:45pm Workshop Series 2
Sa-2a - INTERGENERATIONAL TRAUMA: THE INVISIBLE WEIGHT OF TRAUMA NOT EXPERIENCED FIRST HAND - Eva Silver
Sa-2b - ANXIETY, PRESSURES WITH FAMILIES AND ADOLESCENTS - Karen Lazar
Sa-2c - MONEY MATTERS - Lillesol Kane
Sa-2d - COUPLES IN CONFLICT - Patricia Bratt

3:00pm - 4:30pm Workshop Series 3
Sa-3a - WORKING WITH BI-RACIAL FAMILIES - Glenmore Bembry
Sa-3b - TREATING BORDERLINE PERSONALITY DISORDER - George Grant
Sa-3c - DEALING WITH DIFFICULT PARENTS - Lisa Thomas
Sa-3d - A CLINICAL APPROACH TO GRANDPARENTING: HOW TO BE THE BEST GRANDPARENT EVER - Vicki Semel

4:45pm - 6:00pm Wine and Cheese Reception

Day 2 Sunday, June 2, 2019
12:00pm - 12:30pm Registration

12:45pm - 2:15pm Workshop Series 1
Su-1a - INSTILLING CONFIDENCE IN GIRLS - Judy Lapides
Su-1b - WRITING FAMILY STORIES: FROM MYTH TO TRUTH - Nancy Gerber and Rosemary McGee
Su-1c - DEALING WITH DIFFICULT PARENTS - Lisa Thomas
Su-1d - MONEY MATTERS - Lillesol Kane

2:30pm - 4:00pm Workshop Series 2
Su - 2a - TREATING BORDERLINE PERSONALITY DISORDER - George Grant
Su-2b - DUALITY: HELPING CHILDREN WITH SPECIAL NEEDS NAVIGATE THE DIGITAL WORLD - Tom Tufaro
Su-2c - MOTHERS-IN-LAW AND DAUGHTERS-IN-LAW - Demetria DeLia
Su-2d - MOTHERS & DAUGHTERS - Annette Vaccaro

4:15pm - 7:00pm iStrive Film and Speakers

Interested in an innovative, regionally accredited Master of Arts in Mental Health Counseling or Master of Arts in Psychoanalysis degree where no GREs or standardized tests are required, and you are part of a highly mentored academic community?

BGSP-NJ and ACAP invite you to join us in a lunchtime discussion to:
• Learn why BGSP-NJ is your place for graduate studies
• Attend afternoon workshops to sample how BGSP-NJ/ACAP can make an immediate difference in approaches to work and personal life.

Register at www.acapnj.org. Further info 973-629-1002.
Please register as early as possible. Workshop choices are reserved on a “first come basis”. Any questions email events@acapnj.org or call ACAP Events: 973-629-1002.

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**Boston Graduate School of Psychoanalysis**

**New Jersey**

**AT ACAP**

**Welcome to**

**BGSP-NJ**

in Livingston, NJ

**Master of Arts in Mental Health Counseling**

**Master of Arts in Psychoanalysis**

Bringing the best in regionally accredited graduate education - BGSP-NJ, The Boston Graduate School of Psychoanalysis, is accredited by The New England Commission of Higher Education (NECHE), by the US Department of Education (USDOE) as the regional accreditor for the six New England states. The BGSP-NJ curriculum is approved by the New Jersey Professional Counselor Examiners Committee.

Our programs provide clinically intense experiences in small, nurturing groups with a high level of mentoring. No GREs or exams to apply. Career building assistance built into the programs. 100% of our graduates who apply for licensure have been accepted.

**Financial Aid Available.**

nj.bgsp.edu

or call 973-629-1001

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ACAP’s **iSTRIVE** is the first Saturday program for young adults on the autism spectrum offered in Essex County. This expansive model will provide social-emotional and vocational and prevocational mentorship, empowering neuro-diverse young adults to overcome obstacles that prevent them from reaching their full potential.

This program meets the needs of aging out students who may have no other place to turn for services and weekend programming and provides the much needed support and respite for the family members who have a child with Autism Spectrum Disorder.

Career networking and community awareness building, coupled with our interactive process, enables participants to continue to grow using opportunities provided to begin a fully satisfying and productive adulthood.
Our venue, Caldwell College in Caldwell, NJ is just 14 miles west of NYC and minutes from lovely hotels, Montclair’s famous restaurants, music, theaters, comedy, museums, and hiking in the South Mt. Reservation. Exciting keynote speakers, many workshops to select from, good food, great networking and skill-building opportunities.

Register at www.acapnj.org

**Continuing Education (CE)**

ACAP, Academy of Clinical and Applied Psychoanalysis (ACAP) is an NBCC Approved Continuing Education Provider, approval #5709, and may offer NBCC-approved clock hours for events that meet NBCC requirements.

ACAP solely is responsible for all aspects of the program. As such, ACAP is an approved provider of Continuing Education Hours for: Mental Health Counselors, Art Therapists, Marriage and Family Therapists. ACAP’s courses, workshops, and conferences provide Continuing Education opportunities for participants.

ACAP is approved by the American Psychological Association to sponsor continuing education for psychologists. ACAP maintains responsibility for this program and its content.

ACAP, many of ACAP’s courses and workshops are approved for Continuing Education hours by NJNASW and ASWB, as well as when in partnership with BGSP-NJ. Please contact events@acapnj.org if you wish further information about this.

ACAP is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. (P297-4/30/2019)

BGSP-NJ, The Boston Graduate School of Psychoanalysis is accredited by the The New England Commission of Higher Education (NECHE), by the US Department of Education (USDOE) as the regional accreditor for the six New England states. As such, and in partnership with ACAP, Academy of Clinical and Applied Psychoanalysis, it is an approved provider of Social Work Continuing Education Hours for New Jersey Social Workers, as well as many other states, including Pennsylvania. BGSP-NJ’s courses, workshops, and conferences provide Continuing Education opportunities for participants.

www.naap.org

NAAP cosponsors this conference with BGSP-NJ and ACAP. The National Association for the Advancement of Psychoanalysis SWCPE is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for: licensed social workers #0168, and licensed psychoanalysts #P-0019. www.naap.org

Since 1972, the National Association for the Advancement of Psychoanalysis (NAAP) has successfully pursued its mission to unite the various schools of psychoanalytic thought and to insure the advancement, recognition and sustainability of the independent profession of psychoanalysis.

**Conference 2019 Presenters**

Glenmore Bembry  
Patricia Harte Bratt  
Demetria DeLia  
Nancy Gerber  
George Grant  
Lillesol Kane  
Judy Lapides  
Karen Lazar  
Rosemary McGee  
Vicki Granet Semel  
Eva Silver  
Annette Vaccaro  
Lisa Thomas  
Tom Tufaro

**Conference Committee**

Patricia Bratt  
Lori Feigenbaum  
Rosemary McGee  
Susan Saunders  
Vicki Semel  
Eva Silver  
Annette Vaccaro

**EARLY REGISTRATION Discount - BY May 17th**

For information: 973-629-1002  
OR EMAIL: events@acapnj.org

*See website for full workshop descriptions.

Register at www.acapnj.org