



And



Boston Graduate School
of Psychoanalysis
New Jersey

Brown Bag Lunch Series

Tips and Tricks to Potty Training: How to Respect the Resistance and Work Towards Resolution

Wednesday, September 18, 2019
12 Noon – 1:00 pm



Potty training is rapidly becoming a growing concern for parents, daycare centers, and schools, as well as being a significant stressor for our little ones. This brown bag lunch will provide insight to parents, grandparents, educators and clinicians on how to assess whether a child is ready to begin the toilet training process. Practical and tangible tips to help make the training process as smooth as possible will also be provided along with specific tools to help prepare a child who might not yet be ready to begin the training process.

RSVP: info@acapnj.org or 973-629-1005

Professionals and anyone from the community are invited!

**A CEU is available for many professions for a fee of \$15. Call for more information.
(There will be \$15 fee for replacement certificates.)**

Joanna Flora is a registered, licensed board certified art therapist and art therapy credentialed supervisor with over 12 years of experience working with children and families. Joanna previously worked for the care management organization in several different counties across New Jersey specializing in the developmentally delayed population and their transition into adulthood. Currently in private practice in Sparta, New Jersey, Joanna integrates psycho-therapeutic techniques and the creative process to improve mental health, self-awareness and overall well-being of her clients. Joanna is constantly thinking outside the box the best meet the needs of the children and families she works with to help them better themselves, make lasting changes, and start creating a life worth living in a safe, nonjudgmental environment.



ABOUT ACAP

ACAP, a leader in innovative education through applied Psychoanalysis, empowers individuals and organizations with practical life strategies through classes; continuing education workshops and conferences; a nationally accredited psychoanalytic certificate training program; a one-year program in Modern Psychoanalysis; and a mental health treatment center that offers affordable psychotherapy. Through a partnership with the Boston Graduate School of Psychoanalysis accredited Master of the Arts degrees are offered in Mental Health Counseling and in Psychoanalysis.

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