

# Course Schedule Spring 2020

## January 21 – May 14

10/23/2019

### TUESDAY

- 12:00-1:00pm GPSA703B SGS / Lazar (Main)  
4:50-7:10pm GPSA511 The Psychoanalytic Counseling Profession / Hess (Main)  
5:30-7:00pm GPSA703C SGS / Ashworth (Library)  
7:10-9:30pm GPSA504 Human Development: Adulthood-Middle to Later Years / Ashworth (Main)

### WEDNESDAY

- 3:15-4:45pm GPSA703D SGS / DeLia (Main)  
4:50-7:10pm GPSA535 Couples through the Lifespan: Modern Psychoanalytic Approach to Marital/Couples / DeLia (Main)  
7:10-9:30pm GPSA552 Intro to Research: Quantitative/Qualitative Studies / Vaccaro (Main)

### THURSDAY

- 9:30-11:00am GPSA703E SGS / Bratt (Bratt office)  
9:30-11:50am GPSA833A Child Treatment: Theory and Practice / Rosenthal (Main)  
9:30-11:50am GPSA758 Continuing Case Seminar / Rosenthal (Main)  
2:30-4:00pm GPSA703F SGS / Vaccaro (Vaccaro office)  
2:00-4:20pm GPSA521 Basic Concepts / Fishbein (Main)  
4:00-5:30pm GPSA703G SGS / Lovell  
4:50-7:10pm GPSA184 Psychopathology: Primitive Mental States / Semel  
4:50-7:10pm GPSA755 Clinical Case: Initial Diagnosis & Resistances / Silver (Main)  
7:10-9:30pm GPSA703 Fieldwork Seminar: Issues of Bias in the Treatment of Mental Illness / Bratt (Main)  
7:10-9:30pm GPSA555B Proposal Writing: Professional Ethics & the Psychoanalytic Case Study / Lazar

### Day/Time TBA

- GPSA554 Research Seminar schedule to be arranged with instructor  
GPSA760/761 Clinical Research Tutorial – schedule to be arranged with instructor  
GPSA559-562 Directed Research – schedule to be arranged with instructor

**First day of class Tuesday 1/21**  
**Registration late date 12/1**

No Class Meetings  
March 16-20 Spring Break

# ACAP & BGSP-NJ Course Descriptions Spring 2020

**GSPA184 Psychopathology: Primitive Mental States** This course examines psychopathology of severely regressed states from the perspective of the DSM, psychoanalytic theory and case studies. This comparative approach to diagnosis includes a consideration of symptoms and behaviors listed in the DSM with psychiatric understanding of etiology and function contrasted with and augmented by a psychodynamic understanding. The two different approaches to the diagnostic process will be explored in the course, including the diagnostic and statistical system (DSM), use of the mental status exam, use of clinical interviewing and induced countertransference feelings. The class also discusses implications for treatment. Students will have the opportunity to begin clinical studies by observing their emotional reaction to the class material and visiting two settings. (3-cr)

**GPSA504 Human development: Adulthood–Middle to Later Years** This course will focus on the intra-psychic, developmental, and biopsychosocial processes that occur during middle to later years with emphasis on some of the relevant life occurring challenges. Students will read and study developmental theory and case presentations of people and individuals in this phase. The objective of this course is for students to further their understanding of some of the conflicts and recapitulations of earlier conflicts in the life cycle that occur during this phase and how they cope. Also to be studied are unconscious motivations in particular individuals, how people grapple with these aspects of their personalities, and manage this phase of development. The role of mental health, neurological, biological, environmental and cultural factors will be explored in the context of later life. (3-cr)

**GPSA511 The Psychoanalytic Counseling Profession** This course provides a broad understanding of the psychoanalytic counseling profession as defined by the history, professional standards, scope of practice and application of ethics to theory and practice. The professions of counseling and psychoanalysis are defined and compared through their historical roots with exploration of overlapping practice methods. The importance of personal and professional self-care is emphasized. Students learn ethical decision-making models to assist in making practice decisions. (3-cr)

**GPSA521 Psychoanalytic Counseling: Basic Concepts** This course (formerly GPSA520) will introduce the student to basic concepts of psychoanalytic counseling. An introduction to Freudian and modern interventions within counseling and psychoanalytic frameworks. The student will learn about the basic concepts and their applications. (3-cr)

**GPSA535 Couples through the Lifespan: A Modern Psychoanalytic Approach to Marital/Couples Therapy** How does early attachment affect a couple's ability to have a healthy, satisfying relationship? The experience of being a couple grows out of early attachment. This course will explore how couples develop and maintain an attachment. Topics will include how couples maintain intimacy over the lifespan, conflicts including secrets, lying and affairs, patterns of commitment, sex, childrearing, blended families, empty nesting, end of life issues and the continuous requirements for change that naturally develop over the lifecycle. When couples make their way to the consultation room, how can the therapist intervene? (3-cr)

**GPSA552 Introduction to Research in Human Sciences: Quantitative and Qualitative Studies** This course examines the bases of scientific inquiry. It provides a theoretical and practical knowledge of research and methodology, including principles of concept formation and research design. Special emphasis is given to ethical research practices. After a general review of research in the human sciences, students will concentrate on aspects of qualitative research. Students review the important tools, methods and techniques for sound and ethical research, including the tools and date of outcomes research. They also learn to critically evaluate research literature. (3-cr)

**GPSA555b Proposal Writing: Professional Ethics & the Psychoanalytic Case Study Seminar**

Students will learn how to develop a proposal for the single case study in the Certificate program. Students will prepare a narrative of the case dynamics which describes the course of treatment and present an area of concern about some aspect of the case that puzzles the student; show how the therapist listens in order to form an impression of the individuals emotional experience; write a review of the clinical literature that relates to the research issue and describe a method for analyzing a series of process recordings. This course meets the requirements for the Proposal Writing course as a prerequisite for the tutorial sequence. Students may consult with the instructor or through their fellow between class sessions. Students must submit a request to the training committee for permission to enroll in this course (3-cr)

**GPSA559-562 Directed Research** The master's degree student may choose to work with a research chair on the fieldwork paper, which is usually a single case from the fieldwork experience. The student may enroll in a directed research with an advisor and work individually with that faculty member until the project is completed. This is now an optional course as there is no longer a thesis requirement. (.5cr to 3-cr)

**GPSA703 Fieldwork Seminar & SGS: Issues of Bias in the Treatment of Mental Illness** Students will study their countertransference responses and listen to and become aware of client's dynamics and how each client speaks to present these dynamics through symbolic communication. This clinical course has a focus on how perceptions shape our views of various society groups. Aspects of bias that influence practice experiences are examined while providing client hours at an externship site. Students will identify the phenomena of bias in cases presented in relation to diversity in terms of ethnic, sociological, and psychopathological processes. They will learn to observe their own reactions to the clinical work and with growing understanding, use as a clinical and technical tool in an ethical way. Students' will achieve this by studying internal unexamined perceptions as well as broader societal prejudices, society trends & subgroups, interactions patterns and the impact of differing lifestyles and maladaptive behaviors, including stress, abuse & discrimination on subjective responses. (4-cr)

**GPSA755 Clinical Case Seminar: The Initial Diagnosis and Resistances: Psychoanalytic Theory of Psychodiagnosis** This course is designed for students who are clinical candidates. Each week a clinical practice issue or dilemma is presented. Students review models for understanding the topic in a counseling and psychoanalytic framework. Special consideration is given to ethical practice. The course prepares students to work at an advanced level with complex treatment situations. Special emphasis is placed on the students' clinical experiences, resistance, transference, and countertransference reactions in relation to the course content. (3-cr)

**GPSA758 Continuing Case Seminar** Through continuing case presentations of three cases, students will apply theory to practice. With the agreement of the training committee, this course can be selected as fulfilling the requirement for the clinical case course after four semesters of successful completion of clinical case coursework. (3-cr)

**GPSA760/761 Clinical Research Tutorial** Students in the Certificate program work individually with a research chairperson after development of a proposal approved by the training committee. The chairperson assists the student in completion of the proposal for the project through completion, approval and final presentation of the project. (3-cr)

**GPSA833a Child Treatment: Theory and Practice** This course will introduce the student to basic theoretical concepts & practices in child treatment. From mother and infant intervention to the emergence of adolescence, case studies will demonstrate the developmental patterns, treatment challenges and modifications in treatment. Students will learn about the historical roots of approaches to contemporary practices. Case examples from practice examine common symptom patterns & evidence of trauma, pathology & resilience within child treatments. (3-cr)