



Academy of Clinical and Applied Psychoanalysis

Fall 2020



Student Registration Packet

Certificate Program - Non-Matriculation

301 South Livingston Avenue, Livingston, NJ 07039 973-629-1001 acapnj.org

Registration Policies and Procedures

Students are required to arrange a meeting with their Advisor prior to the last month of the semester to plan course registration for the following semester. The student and the Advisor can prepare for the meeting by completing the course matrix relevant to the student's program of study. The student is invited to seek the Advisor's understanding and counsel with regard to any difficulties that may have arisen in their course of study so far. Should any such difficulties persist without resolution, the student and the Advisor should inform the Coordinator of Advisement.

A completed registration packet includes the following:

1. A signed registration form
2. The advisement form signed by advisor and student
3. A confirmation of analysis form
4. Payment in full, or
5. A payment plan signed by the Administrator

Incomplete registrations will not be accepted by the registrar.

Late fees:

For continuing students, registration is considered late if is submitted after December 1 for the spring semester, after August 1st for the fall semester, or after April 1st for the summer semester.

The late fee is \$100.

New students are invited to register up to the first week of classes. There is no late fee for a new student in their first semester. The following semester, policies for continuing students will apply. New students are assigned an advisor at the time of their course registration. New students should be advised that beginning an analysis with an approved modern psychoanalyst should begin by the 2nd semester of enrollment.

Please feel free to contact me by email with any questions.

Loretta Calabrese
Registrar / Executive Administrator
acapnj@acapnj.org

Course Schedule Fall 2020

September 1 – December 24

4/19/2020

TUESDAY

- 12:00-1:00pm GPSA701B SGS / Lazar (main)
4:50-7:10pm GPSA 828 The Psychodynamic of the Family / Hess (main)
5:30-7:00pm GPSA701C SGS / Ashworth (library)
7:00 – 8:30 pm GPSA701D SGS Fieldwork Students / Thomas (library)
7:10-9:30pm GPSA502 Human Development: Age Three to Adolescence / Ashworth (main)

WEDNESDAY

- 3:15-4:45pm GPSA701E SGS / DeLia (main)
4:50-7:10pm GPSA522 Comparative Psychotherapies I: Modern Concepts / DeLia (main)
5:20 – 6:50pm GPSA701F SGS (Fieldwork Students) / Lapidés (library)
7:10 - 9:30 pm GPSA 701 Fieldwork Seminar-Clinical Interviewing: Early Interventions/Vaccaro (main)

THURSDAY

- 9:30-11:00am GPSA 701G SGS / Bratt (Bratt office)
9:30 - 11:50 am GPSA 758 Continuing Case: Group Dynamics/Rosenthal (main)
9:30 - 11:50 am GPSA 531 Group Dynamics I: Theories & Techniques/Rosenthal (main)
12:00 - 1:30 pm GPSA 701H SGS / Vaccaro (Vaccaro office)
3:10 - 4:40 pm GPSA 701J SGS / Semel (Semel office)
4:50 – 7:10 pm GPSA536 Comparative Psychotherapies II: Theories of Counseling and Psychoanalysis / Silver (library)
4:50 - 7:00 pm GPSA 751 Clinical Case Seminar: The Initial Diagnosis and Resistances /Semel (main)
7:10 - 9:30 pm GPSA 520 Evolution of Basic Psychoanalytic, Trauma, and Resilience Concepts /Bratt (main)
7:10 - 9:30 pm GPSA 555A Proposal Writing: Professional Ethics & the Psychoanalytic Case Study /Gerber (library)

Day/Time TBA

GPSA760/761 Clinical Research Tutorial – schedule to be arranged with instructor

GPSA559-562 Directed Research –schedule to be arranged with instructor

First day of class Tuesday Sep 1st - Registration late date August 1st

No Class Meetings

9/29 Yom Kippur discretion of instructor

11/24 – 11/27 Thanksgiving

NOTE: GPSA 758 and 531 are run simultaneously. Students may choose one of these courses as a course requirement – theory or elective (531) or continuing case (758). Register for a number that fits the program through advisement.

NOTE: BGSP students: 554 is no longer required for Master's degree programs.

Master's degree students in the clinical mental health counseling degree program require 4 semesters of fieldwork: GPSA701-704

ACAP & BGSPNJ Course Descriptions Fall 2020

GPSA 520 Evolution of Basic Psychoanalytic, Trauma, and Resilience Concepts-3cr Evolution of Concepts course is a journey mapping the concurrent and overlapping development of the studies of psychoanalysis, trauma, and resilience. It is remarkable that the impact of trauma on the individual and its ripple effect through society, particularly that of everyday life trauma, was not a serious concern until the late 1800's. In this course the current view of trauma and resilience evolves through exploring its historical roots, and how social conditions influenced our perceptions and approaches to assessment and treatment. You will have opportunity to bring in clinical material, and the class is always a welcoming arena for lively group discussion.

The course will survey the key concepts underlying the psychoanalytic understanding of the "mind", as it developed through an early exploration of traumatic emotional experiences in everyday life toward a comprehensive exploration of the role of environmental or catastrophic traumas and the mind's variable responses to them. We will explore the historical development of thinking that led to Sigmund Freud's psychoanalytic theory has been expanded by Freud's successors through contemporary contributions. The early history of psychoanalysis and trauma studies are inextricable interrelated, beginning with Freud's study of the impact of trauma of everyday life (referred to as conflict), to "war neurosis" during World War I, to the understanding of sexual abuse, and the present day challenges of divorce, terrorism and financial crisis

GPA 522 Comparative Psychotherapies I: Modern Concepts & Techniques in Counseling & Psychoanalysis- 3cr Students will learn the basic intervention strategies applied in Modern Psychoanalytic approaches to counseling and psychoanalysis. We will study how psychoanalytic counseling and psychoanalysis has expanded, in technique and theory, to include more severe emotional disorders. It will be an introduction to theory and interventions; student will learn how to apply these concepts in class via experiential learning.

GPSA 531 Group Dynamics I: Theories & Techniques-3cr This course provides the broad, basic theoretical and experiential understanding of group work. Basic stages and psychoanalytic underpinnings of group process and structure are outlined with emphasis on methods and skills. Special emphasis is given to resistance, interventions with specific diagnostic, culture, development and legal or ethical issues of group work. More than 10 clock hours of this course are structured as a group experience activity.

GPSA 536 Comparative Psychotherapies II: Theories of Counseling & Psychoanalysis-3cr This course surveys major theoretical schools of counseling and psychoanalysis and how to apply their underlying premises in practice. Students will learn about the contributions of these fields to form a broad understanding of clinical techniques from forming the therapeutic relationship, developing a case conceptualization to interviewing and developing a range of intervention strategies with a range of cases. Special emphasis is placed on how each perspective informs how interventions are developed and implemented according to the treatment progression.

GPSA 502 Human Development: Age Three to Adolescence-3cr This course offers students an opportunity, through readings, class discussion and observations in and out of class, to understand the three and age twelve. Oedipal, latency and pre-teen dynamics are presented and explored, and students learn how an understanding of these stages of childhood development can be applied in the developmental processes that are evident in the years between age therapeutic relationship.

GPSA 555A Proposal Writing: Professional Ethics & the Psychoanalytic Case Study Seminar-3cr

In this course, students will learn how to develop a proposal for the capstone project in the Certificate program. Students will prepare a narrative of the case dynamics which describes the course of treatment and presents a question about some aspect of the case that puzzles the student; show how the therapist listens in order to form an impression of the individual's emotional experience; write a review of the clinical literature that relates to the research question; and describe a method for analyzing a series of process recordings. This course meets the requirements for the Proposal Writing course as a prerequisite for the capstone tutorial sequence. *Students must submit a request to the training committee for permission to enroll in this course.

GPSA 701 Fieldwork Seminar Clinical Interviewing: Early Interventions & Small Group Studies (SGS)-3cr

This course is designed for students that are approved for fieldwork. The Fieldwork experience provides an opportunity to study basic psychoanalytic counseling techniques and their application to clinical settings. In this first Fieldwork segment, students are assisted in obtaining a Fieldwork placement, given early interviewing classroom practice in the initial encounters, and encouraged to begin studying the counseling/therapeutic process as they learn to recognize the various forms of psychopathology. They learn interviewing techniques to enable individuals to tolerate more comfortably the stimulation of the counseling/therapeutic experiences, and that allow them to more freely talk with the counseling professional. The importance of ethical issues will be examined throughout the course.

GPSA 751 Clinical Case Seminar: Comparative Studies in Psychopathology-3cr This course is designed for students who are clinical candidates. Each week a clinical case is presented at an advanced level to consider for case conceptualization. Students review models for understanding psychopathology and biographical accounts of psychopathological processes in the context of counseling and psychoanalytic thinking. The course prepares students to work within an ethical framework with a wide range of presenting symptoms and offers a range of perspectives. Special emphasis is placed on the students' clinical experiences and transference and countertransference reactions in relation to the course content.

GPSA758 Continuing Case Seminar: Group Focus-3cr Through continuing case presentations of three cases, students will apply theory to practice. With the agreement of the training committee, this course can be selected as fulfilling the requirement for the clinical case course after four semesters of successful completion of clinical case coursework.

GPSA 760/761 Independent Clinical Research Tutorial-3cr

The student works individually in independent research tutorial with a faculty member until the research project is completed. A second reader approves the paper as well.

GPSA 828 The Psychodynamics of the Family Life Cycle-3cr

The family life cycle is a series of developmental stages that a family moves through over a lifetime from infancy to older age. Each stage affords the individual new skills and challenges which requires coping with change. Intrapsychic development is established and catalyzed by family relationships and patterns. Environmental, intergenerational & cultural factors can impact the family constellation and functioning. This course can serve as a HD course substituting GPSA 504.



Academy of Clinical and Applied Psychoanalysis

Distance Learner? _____

REGISTRATION FORM

FALL 2020

September 1 – December 24

- Certificate
- Non-Matriculation

SCHEDULE OF FEES	
Program Tuition Fees	
Certificate Course Tuition	\$800
Small Group Supervision	\$800
Non refundable Registration Fee*	\$150
Handling Fee for PayPal	\$ 25
Research Supervision Tutorial	\$800
<i>*Includes Library, PEP, Journal and Student Activity Fees</i>	
Administrative Fees	
Late Fee	\$100
Transcript of Student Record	\$ 25
Leave of Absence	\$100
Graduation	\$125

Full Name _____

Street Address _____

City _____

State _____

Zip _____

Country if not US _____

Cell Phone _____

Phone #2 _____

Email Address _____

Emergency Contact Name/Phone _____

List Course # / Description / Instructor

Fee

1.	
2.	
3.	
4.	
If you are registering for an SGS List Course# / Instructor / Day & Time & MUST LIST SECOND CHOICE	
#1 Choice SGS	
#2 Choice SGS	
	Registration fee (required all registrations) \$150
	Late fee after August 1st \$100
	TOTAL TUITION

Refund Policy:

- Before 1st class meeting100% tuition refund
- Before 2nd class meeting75% tuition refund
- Before 3rd class meeting50% tuition refund
- Before 4th class meeting25% tuition refund
- No refunds after 4th class*

Student Signature _____

Date _____

Advisor Signature _____

Date _____

Registration will not be accepted without Advisor signature & Confirmation of Analysis

CONFIRMATION OF ANALYSIS

ACAP _____ BGSP-NJ _____ Semester _____ Year _____

Personal analysis with an approved analyst must begin by the second semester and is required throughout training. Students are responsible for the completion and submission of the Confirmation of Analysis form at the beginning of the fall and spring semester of each school year. Students are encouraged to remain in analysis as long they are in the program of study.

Individual Analysis

Student's Name _____

Analyst's Name _____

Total Number of Individual Sessions since Last Semester's report _____

Total Number of Individual Sessions to Date _____

Student Signature _____ **Date** _____

Analyst Signature _____ **Date** _____

Group Analysis

Total Number of Group Sessions since Last Semester's Report _____

Total Number of Group Sessions to Date _____

Student Signature _____

Analyst Signature _____

Date _____