



Academy of Clinical and Applied Psychoanalysis

Fall 2021

August 30 - December 23



Student Registration Packet

Certificate Program & Non-Matriculation

301 South Livingston Avenue, Livingston, NJ 07039 973-629-1001 acapnj.org

Registration Policies and Procedures

Students are required to arrange a meeting with their Advisor prior to the last month of the semester to plan course registration for the following semester. The student and the Advisor can prepare for the meeting by completing the course matrix relevant to the student's program of study. The student is invited to seek the Advisor's understanding and counsel with regard to any difficulties that may have arisen in their course of study so far. Should any such difficulties persist without resolution, the student and the Advisor should inform the Coordinator of Advisement.

A completed registration packet includes the following:

1. A signed registration form
2. The advisement form signed by advisor and student
3. A confirmation of analysis form
4. Payment in full, or
5. An approved payment plan

Incomplete registrations will not be accepted by the registrar.

Late fees:

For continuing students, registration is considered late if is submitted after December 1 for the spring semester, after June 1st for the fall semester, or after August 1st for the summer semester.

The late fee is \$150.

New students are invited to register up to the first week of classes. There is no late fee for a new student in their first semester. The following semester, policies for continuing students will apply. New students are assigned an advisor at the time of their course registration. New students should be advised that beginning an analysis with an approved modern psychoanalyst should begin by the 2nd semester of enrollment.



Academy of Clinical and Applied Psychoanalysis

301 South Livingston Avenue, Livingston, NJ 07039 973-629-1001 www.acapnj.org

Dear ACAP Student,

Welcome to a new semester! It's time to contact your advisor to schedule an appointment to meet and discuss course selection.

After completing your forms please refer to the checklist on the last page of this packet to avoid a delay in your registration.

As you know, it's very important that students register by the April 1st deadline in order to insure your class preferences. In addition, this allows the school to appropriately plan for the semester.

Students who register and submit forms after August 1st will pay a late fee of \$150.

The Registration Office is available for all your registration needs and can assist with any questions regarding registering for classes, adding or dropping classes and determining tuition and fee charges. Feel free to contact me anytime.

Regards,

Loretta M. Calabrese
Registrar/Office Manager
301 So. Livingston Ave, Livingston, NJ 07039
Phone | 973-629-1001 Fax | 973-629-1003
Email | acapnj@acapnj.org



Academy of Clinical and
Applied Psychoanalysis

Course Schedule Fall 2021

August 30 – December 23

MONDAY

4:50-7:00pm GPSA 511 The Counseling Profession/Hughes

7:10-9:30pm GPSA586 Career Counseling/Chang

TUESDAY

12:00-1:00pm GPSA703B SGS/Lazar - changed to Thu 2:15-3:15pm

12:00-2:20pm GPSA703-1 Fieldwork Seminar/Semel (limited to 12 students)

3:15-4:15pm GPSA703L SGS / Ladden

5:30-7:00pm GPSA703C SGS/Ashworth

4:50-7:00pm GPSA824 Treatment Techniques: Symbolic and Emotional Communication/Hess

7:00-8:30pm GPSA703D SGS-Fieldwork/Thomas

7:10 - 9:30 pm GPSA703-2 Fieldwork Seminar /Ashworth (limited to 12 students)

WEDNESDAY

2:30-4:00pm GPSA703E SGS/Silver

4:50-7:00pm GPSA828 The Psychodynamics of the Family Life Cycle/Vaccaro

5:20-6:50pm GPSA703F SGS/Lapides

7:10-9:30pm GPSA184/541 Psychopathology: Primitive Mental States/Gerber

THURSDAY

9:30-11:50am GPSA758B Continuing Case/Rosenthal

9:30-11:50am GPSA532 Group Dynamics II/Rosenthal

9:30-11:00am GPSA703G SGS/Bratt

12:00-1:30pm GPSA703H SGS/Vaccaro

3:10-4:40pm GPSA703J SGS/Semel

3:15-4:45pm GPSA703K SGS/DeLia

3:15-4:45pm GPSA703L SGS/Miller

4:50-7:00pm GPSA507 Human Development: Lifespan/Silver

4:50-7:00pm GPSA753 Clinical Case/DeLia

7:10-9:30pm GPSA521 Psychoanalytic Counseling: Basic Concepts/Bratt

GPSA 760/761 Clinical Research Tutorial – Day/time arranged with instructor

GPSA559-562 Directed Research -Day/time arranged with instructor

GPSA 555B Research Seminar – Proposal Writing/Gerber/TBA

First day of class Monday August 30

Registration late date August 1st

No Class Meetings

November 23-November 25 Thanksgiving

9/15 Yom Kippur (discretion of instructor)

ACAP COURSE DESCRIPTIONS Fall 2021

GPSA 184 Psychopathology: Primitive Mental States - 3 credits

This course examines psychopathology of severely regressed states from the perspective of the DSM, psychoanalytic theory and case studies. This comparative approach to diagnosis includes a consideration of symptoms and behaviors listed in the DSM with psychiatric understanding of etiology and function contrasted with and augmented by a psychodynamic understanding. The two different approaches to the diagnostic process will be explored in the course, including the diagnostic and statistical system (DSM), use of the mental status exam, use of clinical interviewing and induced countertransference feelings. The class also discusses implications for treatment. Students will have the opportunity to begin clinical studies by observing their emotional reaction to the class material and visiting two settings.

GPSA 507 Human Development: Thru the Lifespan from Birth to Death - 3 credits

This course focuses on the vicissitudes of human development through the life span and within intrapsychic, biological, family, environmental and cultural context. How the individual approaches developmental tasks or copes with challenges of inner and outer reality, from conception through old age, is reflected in his/her sense of self and is manifested in behavior and life choices. The maturational tasks of adapting and coping that enable growth over the lifespan are examined.

GPSA511 The Psychoanalytic Counseling Profession - 3 credits

This course provides a broad understanding of the psychoanalytic counseling profession as defined by the history, professional standards, scope of practice and application of ethics to theory and practice. The professions of counseling and psychoanalysis are defined and compared through their historical roots with exploration of overlapping practice methods. The importance of personal and professional self-care is emphasized. Students learn ethical decision-making models to assist in making practice decisions.

GPSA 521 Psychoanalytic Counseling: Basic Concepts - 3 credits

This course will introduce the student to basic concepts of psychoanalytic counseling. It will be an introduction to Freudian and modern interventions within counseling and psychoanalytic frameworks. The student will learn about the basic concepts and their applications.

GPSA 532 Group Dynamics II: Group Leadership - 3 credits

This course provides an opportunity to study specific issues relating to therapeutic work with groups in a variety of settings and across different theoretical, clinical frameworks. Through assigned readings, class interaction, and case presentations students will develop an understanding of the unique leadership role involved in effectively leading groups. Ways of studying group dynamics, helping members interact and connect, assessing group progress, as well as designing and implementing therapeutic interventions will be studied. The unique interpersonal dynamics presented in the group situation can be studied from a diverse and comparative theoretical and clinical perspective through this ongoing process of the interactive group class. In addition, the stressors, demands and personal impact on the clinician of working with relationships in groups will be explored. More than 10 clock hours of this course are structured as a group experience activity.

GPSA 555B Proposal Writing: Professional Ethics & the Psychoanalytic Case Study Seminar - 3 credits

In this two-semester course, students will learn how to develop a proposal for the psychoanalytic case paper in the Certificate program. Students will prepare a narrative of the case dynamics which describes the course of treatment and presents a question about some aspect of the case that puzzles the student; show how the therapist listens in order to form an impression of the individual's emotional experience; write a review of the clinical literature that relates to the research area; and describe a method for analyzing a series of process recordings. This course meets the requirements for the Proposal Writing course as a prerequisite for the Tutorial sequence. *Students must submit a request to the training committee for permission to enroll in this course through their fellow.

GPSA 559-562 Directed Research 0.5 - 3.0 credits

The master's degree student may choose to work with a research chair on the fieldwork paper. The student may enroll in directed research with an advisor and work individually with that faculty member until the project is completed.

GPSA 586 Lifestyles and Career Counseling - 3 credits

This course is designed to provide an understanding of career development and the interrelationship between careers and personality; lifespan development; family; lifestyle choices; use of defense mechanisms and diversity. A broad understanding of career development theories, occupational and educational information sources, assessment tools, and measures, decision-making models and online resources will be reviewed. Students' assignments will be based on self-assessment modules in which the student will apply concepts, tools and theory to the student's own life experience.

GPSA 703 Fieldwork Seminar -Issues of Bias in the Treatment of Mental Illness & Small Group Studies (SGS) - 4 credits

In this course students will study their countertransference responses and listen to and become aware of client's dynamics and how each client speaks to present these dynamics through symbolic communication. This clinical course has a focus on how perceptions shape our views of various society groups. Aspects of bias that influence practice experiences are examined while providing client hours at an externship site. Students will identify the phenomena of bias in cases presented in relation to diversity in terms of ethnicity. Sociological and psychopathological processes. They will learn to observe their own reactions to the clinical work and use with growing understanding as a clinical and technical tool in an ethical way. Students' will achieve this by studying internal unexamined perceptions as well as broader societal prejudices, society trends and subgroups, interactions patterns and the impact of differing lifestyles and maladaptive behaviors, including stress, abuse and discrimination on subjective responses.

GPSA 753 Clinical Case Seminar: Practice Technique in Dreams and Symbolic Communication - 3 credits

This semester we will examine countertransference and ethical issues as they interact in decisions on treatment and technique. Often the conscious and unconscious attitudes of the analyst that shape countertransference also influence one's ethical position. Case examples and readings will help students describe reactions and use them in their treatment decisions. A special focus will be on how analysis of symbolic communication and dreams are influenced by one's countertransference. Students take this advanced course for the duration of their Consultation Center work. It is designed to help students work with patients, to recognize early resistances in treatment, and to understand induction and countertransference resistances in treatment.

GPSA758 Continuing Case Seminar: Group Leadership - 3 credits

Through continuing case presentations of three cases, students will apply theory to practice. With the agreement of the training committee, this course can be selected as fulfilling the requirement for the clinical case course after four semesters of successful completion of clinical case coursework.

GPSA760/761 Clinical Research Tutorial - 3 credits

Students in the Certificate program work individually with a chairperson after development of a proposal approved by the training committee. The chairperson assists the student in completion of the proposal for the project through completion, approval and final presentation of the project.

GPSA 824 Treatment Techniques: symbolic Communication and Emotional Communication - 3 credits

Dreams and the symbolic verbal and nonverbal communications that come in many forms are explored. Often these manifestations help us to understand the latent meaning underlying the manifest content of what is spoken and presented as well as deriving insights into the dynamics that motivate the person in daily life. Through readings, classroom discussion, case presentation and individual research, this course will explore the many forms of symbolic communication in children and adults and how trauma impacts its expression.

GPSA 828 The Psychodynamics of the Family Life Cycle - 3 credits

The family life cycle is a series of developmental stages that a family moves through over a lifetime, from infancy to older age. Each stage affords the individual new skills and challenges which requires coping with change. Intrapsychic development is established and catalyzed by family relationships and patterns. Environmental, intergenerational and cultural factors can impact the family constellation and functioning.



Academy of Clinical and Applied Psychoanalysis

Distance Learner? _____

REGISTRATION FORM

Fall 2021

August 30 - December 23

- Certificate
- Non-Matriculation

SCHEDULE OF FEES	
Program Tuition Fees	
Certificate Course Tuition	\$800
Small Group Supervision	\$800
Non refundable Registration Fee*	\$150
Handling Fee for PayPal	\$ 25
Research Supervision Tutorial	\$800
<i>*Includes Library, PEP, Journal and Student Activity Fees</i>	
Administrative Fees	
Late Fee	\$150
Transcript of Student Record	\$ 20
Leave of Absence	\$100
Graduation	\$125

Full Name _____

Street Address _____

City _____

State _____

Zip _____

Country if not US _____

Cell Phone _____

Phone #2 _____

Email Address _____

Emergency Contact Name/Phone _____

List Course # / Description / Instructor

Fee

1.	
2.	
3.	
4.	
If you are registering for an SGS List Course# / Instructor / Day & Time & MUST LIST SECOND CHOICE	
#1 Choice SGS	
#2 Choice SGS	
	Registration fee (required all registrations) \$150
	Late fee after 8/1/2021 \$150
	TOTAL TUITION

Refund Policy:

- Before 1st class meeting100% tuition refund
- Before 2nd class meeting75% tuition refund
- Before 3rd class meeting50% tuition refund
- Before 4th class meeting25% tuition refund
- No refunds after 4th class*

Student Signature _____

Date _____

Advisor Signature _____

Date _____

Registration will not be accepted without Advisor signature & Confirmation of Analysis



**Application for Tuition Assistance
The Robert and Joan Dircks Foundation**

Name: _____

Address: _____

E-mail: _____

Phone number(s): _____

Employer: _____

Do you work for a non-profit setting with a vulnerable population?
Please explain:

Does your employer provide tuition or conference reimbursement: yes no
Have you taken ACAP courses before: yes no If yes, please describe how you applied your training to work and life:

(continue on reverse if needed)

Amount of Request (up to 50% of tuition): _____ Semester for request: Spring Summer Fall Year _____

I am available to assist ACAP in: event planning research outreach other:
Days and Hours:

ACADEMIC PLAN

Course title(s): _____
Number of courses: _____
Level of study: One Year Program Visiting Student Other: _____

Certificate: Level A, Into Level A, Extern Level B, Clinical

Candidates are eligible if he or she:

- serves a socially, psychologically, cognitively, or medically vulnerable population;
- is enrolled in the one year program, ACAP's summer conference, TRS program or ACAP certificate program courses;
- is in the first three semesters of the ACAP certificate program.

Tuition assistance grants are not available to certificate program students after the third semester of study.

To apply, the candidate must:

- complete an application and registration form for the program of choice & return to the administration office;
- become accepted, if required, and registered with the ACAP administrative office for the course;
- complete and submit a tuition assistance form documenting eligibility criteria to the tuition assistance committee
- pay the remaining balance towards the course before tuition assistance will be applied to the student's account.

Advisor or Administrative Director's Signature, _____ Date _____

Fund Coordinator _____ Date _____ Amount Awarded _____



ACAP

A Mental Health Resource

301 South Livingston Avenue – Suite 202 Livingston NJ 07039

973-629-1001 www.acapnj.org

Dear Applicant, The Joining Forces Tuition Assistance Program was developed by The Academy of Clinical and Applied Psychoanalysis (ACAP), to provide administrators, health center workers, clinicians, teachers and anyone who works with vulnerable populations with greater accessibility to the opportunity to participate in ACAP's programs through tuition assistance. The program has made ACAP a more diverse and community responsive psychoanalytic institute, linking our training directly to those who are interfacing with the most needy populations and sites.

Joining Forces (JF) originated through a partnership between the Healthcare Foundation of New Jersey and ACAP. The program has been funded by the Robert and Joan Dircks Foundation since 2009. Joining Forces tuition assistance is an up to half (50%) tuition grant award. The JF tuition assistance grant is applied towards any of ACAP programs with the exception of the Clinical Supervision Course.

Candidates are eligible if he or she:

- serves a socially, psychologically, cognitively, or medically vulnerable population;
- is enrolled in the one year program, ACAP's conferences, TRS program or an ACAP certificate program course;
- is in the first three semesters of the ACAP certificate program.

Tuition assistance grants are not available to certificate program students after the third semester of study.

To apply, the candidate must:

- complete an application and registration form for the program of choice;
- become accepted, if required, and registered with the ACAP administrative office for the course;
- complete and submit a tuition assistance form documenting eligibility criteria to the tuition assistance committee
- pay the remaining balance towards the course before tuition assistance will be applied to the student's account.

Tuition Assistance applications that are reviewed and approved will result in a letter or e-mail stating the amount granted and the course that the tuition assistance covers or the applicant will be contacted regarding ineligibility. Tuition assistance does not make a student ineligible for work study or other ACAP programs or assistance. It is not financial aid and does not require repayment. ACAP appreciates participants' letters of appreciation that are submitted directly to the funder to encourage continued support or participation in volunteer activities at ACAP.

Tuition assistance is not always available and is based on Funding availability, funders' restrictions and eligibility guidelines. Additional questions can be directed to the Tuition Assistance Committee at vaccaroaj@aol.com.

Sincerely,

Annette Vaccaro, LCSW, ATR-BC, NCPsyA, ACS, ATCS
Chair of Fundraising
vaccaroaj@aol.com
973-629-7808

Record of Student Advisement

ACAP _____ BGSP-NJ _____

Student Name _____ Semester _____ Year _____

Advisor Name _____ Meeting Date _____

Student File Reviewed? _____ Goals Reviewed? _____ Registration Reviewed? _____

Student approved to register for the following courses:

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

ADVISOR COMMENTS AND RECOMMENDATIONS

Please list all specific recommendations made to students concerning any aspect of their progress in the ACAP training program. Students should review comments and recommendations of the Advisor. Please attach more sheets as needed. Place the Record Advisement Form in the student file.

Student Signature: _____ **Date** _____

Advisor Signature: _____ **Date** _____

CONFIRMATION OF ANALYSIS

ACAP _____ BGSP-NJ _____ Semester _____ Year _____

Personal analysis with an approved analyst must begin by the second semester and is required throughout training. Students are responsible for the completion and submission of the Confirmation of Analysis form at the beginning of the fall and spring semester of each school year. Students are encouraged to remain in analysis as long they are in the program of study.

Individual Analysis

Student's Name _____

Analyst's Name _____

Total Number of Individual Sessions since Last Semester's report _____

Total Number of Individual Sessions to Date _____

Student Signature _____ **Date** _____

Analyst Signature _____ **Date** _____

Group Analysis

Total Number of Group Sessions since Last Semester's Report _____

Total Number of Group Sessions to Date _____

Student Signature _____

Analyst Signature _____

Date _____

The Paulette Katz Memorial Scholarship Application

The Paulette Katz Memorial Scholarship is being offered by the Lipsey family in memory of their Aunt Paulette Katz. This scholarship will be awarded to a student in the ACAP Certificate program or the ICPS Master of Arts program. The purpose of this scholarship is to assist students who have educational financial needs. ACAP or ICPS students are invited to apply.

The following must be submitted by email to acapnj@acapnj.org **no later than July 1, 2021:**

1. Completed scholarship application.
2. A statement describing your professional goals, financial need & any other reasons for seeking this scholarship.
3. A letter of recommendation from an ACAP/ICPS faculty member. New students may include a letter of recommendation from an instructor from a previous school.

This form is in a fillable format. Save to your computer, complete, save again, and ready to email.

Student Information			
Full name			
Full address			
Email			
Phone number			
Undergraduate degree	School	Major:	Year:
Graduate degree	School	Major	Year:
Current employment description:			
Clinical/Professional experience			
How did you learn about ACAP / ICPS			
Academic Plan			
Level of study Certificate or Master of Arts			

Applicant Signature _____ Date _____

Please email this application & supporting documents to the Paulette Katz Scholarship Committee at acapnj@acapnj.org no later than the July 1st deadline.



New students only unless returning students have changes

ACAP/ICPS EMERGENCY CONTACT AND CURRENT MEDICATION INFORMATION

STUDENT/FACULTY INFORMATION				
Name:			Date of Birth:	
Home Address: Mailing Address:			Home: Cell:	
Physician(s):	Physician's Phone Number:	Hospital Preference		Hospital Address/Phone
EMERGENCY CONTACTS				
NAME	RELATIONSHIP	HOME PHONE	MOBILE PHONE	WORK PHONE
Are there any health considerations you would like us to be aware of?				
ALLERGIES TO MEDICATIONS				
MEDICATION	REACTION			

2021 – 2022 Semester Dates

Summer 2021

5/25 – 7/29

Fall 2021

8/30 – 12/23 (exam week no class)

no class

11/23-11/25 Thanksgiving

9/15 Yom Kippur discretion of instructor

Spring 2022

January 17 – May 12 (exam week no class)

no class

Spring break 3/14-3/17

Summer 2022

May 24 – July 28 (exam week no class)

Fall 2022

August 31 – Dec 26 (exam week no class 12/19-12/26)

no class

Labor Day 9/5

Thanksgiving 11/23-11/24



ACAP

**Academy of Clinical
and Applied Psychoanalysis**

973-629-1001 www.acapnj.org

Post Graduate Programs

973-629-1001 www.ni.bgsb.edu



**Institute of Counseling
and Psychoanalytic Studies**

———— **New Jersey's BGSP Campus**

Photo Release Form

I grant to ACAP and ICPS its representatives and employees the right to take photographs of me and my property in connection with the above-identified subject.

I authorize ACAP, to copyright, use and publish the same in print and/or electronically.

I agree that ACAP may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising, and Web content.

I have read and agree to the above:

Signature _____ Date _____

Printed name _____

Registration Checklist

All registrations must include the following:

- Registration form signed by advisor**
New students may meet with the Admissions Director for their first term advisement.
- Advisement form**
New students may meet with the Admissions Director for their first term advisement.
- Immunization form** (New students only)
- Proof of Health Insurance** (New students only)
- Payment** (check/extended payment plan/credit card)
Registration is processed when fees are paid in full or an extended payment contract is provided. A credit card payment form is available for students who wish to pay by credit card.
- Confirmation of Analysis Form**
All returning students submit a Confirmation of Analysis form.
New students submit a statement once they have entered analysis.

Incomplete forms will be returned to the student and delay both registration and admission to class. Registration is complete when all required forms are received with payment.

Please be sure to avoid the late fee and register on time 😊

Any questions regarding registration please contact the ICPS Registrar:

Loretta Calabrese LCalabrese@acapnj.org