

**FALL 2022**  
**August 31- December 26**

*(No class 9/5 Labor Day, 10/4 Yom Kippur (at the discretion of the instructor), 11/23-11/24 Thanksgiving )*

**MONDAY**

4:50-7:10pm GPSA104/ Multicultural Issues in Mental Health Work.....Semel (Zoom)  
7:10-9:30pm GPSA586/ Lifestyles and Career Counseling..... (first 3 classes Zoom) /Chang)

**TUESDAY**

12:00-2:20pm GPSA522 / Comparative Psychotherapies I: Modern Concepts & Techniques.... Gerber (Zoom)  
4:50-7:10pm GPSA521/ Psychoanalytic Counseling: Basic Concepts .....(Main) Hess  
7:10-9:30pm GPSA824/ Treatment Technique: Symbolic and Emotional Communication.....Ashworth (Main)

**WEDNESDAY**

4:50-7:10pm GPSA511/ The Psychoanalytic Counseling Profession..... Vaccaro (Main)  
7:10-9:30pm GPSA507/ Human Development: Through the Lifespan from Birth to Death....Lapides (Main)

**THURSDAY**

9:30-11:50am GPSA758/ Continuing Case.....Rosenthal (Main/Zoom)  
9:30-11:50am GPSA833b/ Adolescent Treatment: Theory and Practice .....Rosenthal (Main/Zoom)  
4:50-7:00pm GPSA705/ Fieldwork Seminar:.....DeLia (Main)  
4:50-7:00pm GPSA700/ Fieldwork Practicum.....DeLia (Main)  
4:50-7:00pm GPSA181/ Psychopathology.....Silver (suite 205)  
7:10-9:30pm GPSA755/ Clinical Case: Initial Diagnosis & Resistances.....Bratt/Miele (Main)

**TBA**

GPSA 555B / Research Seminar – Proposal Writing .....Gerber (Zoom)

**SGS 705 sections**

705L Mon 1:30-3pm/ Gerber  
705D Mon 6-7:30 / Thomas  
705B Tue 10:30-12pm /Ashworth  
705N Tue 3:00-4:30pm / Hess  
705E Wed 2:30-4:00pm/ Silver  
705F Wed 4:00-5:30pm / Lapides  
705G Thu 9:30-11:00am / Bratt  
705H Thu 12-1:30pm / Vaccaro  
705C Thu 2:15-3:15pm / Lazar  
705J Thu 3:10-4:40pm / Semel  
705K Thu 3:15-4:45pm / DeLia  
705M Thu 3:15-4:15pm / Miller

## Fall 2022 Course Descriptions

### **GPSA104 Multicultural Issues in Mental Health Work (3 credits)**

Multicultural Issues in Mental Health Work is a counseling course designed to introduce students to theoretical models of diversity and identity development. Students will examine theories of Race, Ethnicity, Class, Sex, Gender, Sexual Orientation and Ability, as a means of understanding the development and utility of one's own belief system, as well as the beliefs, values and experiences of a diverse client base. This course will address the notion of 'difference' within the therapeutic hour and examine the role and influence of systemic factors within the counseling process

### **GPSA181 Psychopathology: Severe Emotional Disorders (3 credits)**

This course examines psychopathology of severe emotional disorders from the perspective of both the DSM, psychoanalytic theory and biography. Literature and clinical material will provide a view from the diagnostician and those who are impacted. The DSM will be paired with first-hand accounts and psychodynamic understandings of symptoms clusters. The class will examine implications for treatment. Basic diagnostic skills will be applied to case material.

### **GPSA507 Human Development: Thru the Lifespan from Birth to Death (Life Span/Survey Course) (3 credits)**

This course focuses on the vicissitudes of human development through the life span and within intrapsychic, biological, family, environmental and cultural context. How the individual approaches developmental tasks or copes with challenges of inner and outer reality, from conception through old age, is reflected in his/her sense of self and is manifested in behavior and life choices. The maturational tasks of adapting and coping that enable growth over the lifespan are examined

### **GPSA511 The Counseling Profession (3 credits)**

This course provides a broad understanding of the psychoanalytic counseling profession as defined by the history, professional standards, scope of practice and application of ethics to theory and practice. The professions of counseling and psychoanalysis are defined and compared through their historical roots with exploration of overlapping practice methods. The importance of personal and professional self-care is emphasized. Students learn ethical decision making models to assist in making practice decisions.

### **GPSA521 (formerly 520) Psychoanalytic Counseling: Basic Concepts (3 credits)**

This course will introduce the student to basic concepts of psychoanalytic counseling. It will be an introduction to Freudian and modern interventions within counseling and psychoanalytic frameworks. The student will learn about the basic concepts and their applications

### **GPSA522 Comparative Psychotherapies I: Modern Concepts & Techniques (3 credits)**

In this course, students will learn the basic intervention strategies applied in counseling and psychoanalysis. We will study how these fields have expanded, in technique and theory, to include more severe emotional disorders. It will be an introduction to theory and interventions; students will learn how to apply these concepts in class via experiential learning.

### **GPSA555B Proposal Writing: Professional Ethics & the Psychoanalytic Case Study Seminar (3 Credits)**

In this part of a two semester course, students will learn how to develop a proposal for the psychoanalytic case study project in the Certificate program. Students will prepare a narrative of the case dynamics which describes the course of treatment and presents a question about some aspect of the case that puzzles the student; show how the therapist listens in order to form an impression of the individual's emotional experience; write a review of the clinical literature that relates to the research question; and describe a method for analyzing a series of process recordings. This course meets the requirements for the Proposal Writing course as a prerequisite for the Capstone Tutorial sequence. The students may consult with the instructor or other faculty between class sessions.

\*Students must submit a request to the training committee for permission to enroll in this course.

## **Course descriptions continued**

### **GPSA700 Fieldwork Practicum Seminar & Supervised Group Studies (SGS) (4 credits)**

In this first segment of the fieldwork experience, students are supported to apply skills and develop self-awareness through clinical experiences while interfacing with the fieldwork coordinator, mentor, clinical supervisor, academic advisor. Students are guided in a clinical site to initiate therapeutic relationship and apply basic techniques to facilitate understanding of transference while the student observes themselves through describing countertransference experiences. Ethical approaches to practice are emphasized.

### **GPSA705 Fieldwork Seminar – Working with Resistance in the Stages of Treatment (4 credits)**

In this segment of the fieldwork experience, students be prepared to work with the unique dynamics in the beginning, middle and end stages of treatment. The course prepares students to work within an ethical framework with a wide range of resistances that present in treatment. Special emphasis is placed on the working alliance, establishing the treatment contract, treatment destructive resistances and countertransferential processes in relationship to working through the beginning, middle and end stages of treatment.

### **GPSA755 Clinical Case Seminar: Clinical Practice (3 credits)**

This course is designed for students who are clinical candidates. Each week a clinical practice issue or dilemma is presented. Students review models for understanding the topic in a counseling and psychoanalytic framework. Special consideration is given to ethical practice. The course prepares students to work at an advanced level with complex treatment situations. Special emphasis is placed on the students' clinical experiences, resistance, transference, and countertransference reactions in relation to the course content.

### **GPSA758 Continuing Case Seminar (3 Credits)**

Through continuing case presentations of three cases, students will apply theory to practice. With the agreement of the training committee, this course can be selected as fulfilling the requirement for the clinical case course after four semesters of successful completion of clinical case coursework.

## **Course descriptions continued**

### **GPSA 824 Treatment Techniques: Symbolic & Emotional Communication**

In individual treatment, what the person says and does not say, what is felt and not felt, what is enacted and not spoken is put into words. Metaphor and Symbolic verbal and nonverbal communication come in many forms, and these manifestations assist in the understanding of treatment dynamics that motivate the person in the consulting room and in daily life. Through readings, classroom discussion, case presentation and individual research, this course will explore the many forms of communication in treatment. (CERT/MAMHC/MAP/Post MA)

### **GPSA833b Adolescent Treatment: Theory and Practice (3 Credits)**

This course will introduce the student to basic theoretical concepts and practices in adolescent treatment. From mother and infant intervention to the emergence of adolescence, case studies will demonstrate the developmental patterns, treatment challenges and modifications in treatment. The student will learn about the historical roots of approaches to contemporary practices. Case examples from practice examine common symptom patterns and evidence of trauma, pathology and resilience within child treatments