



Academy of Clinical and  
Applied Psychoanalysis

## Course Schedule Spring 2023

January 17 – May 15

### MONDAY

4:50-7:10pm GPSA526 Resistance and Defense / Gerber (Zoom)

7:00-8:00pm GPSA703D SGS-Fieldwork / Thomas (Room C)

### TUESDAY

12:00-2:20pm GPSA750 Clinical Case: / Semel (Main)

1:30-3:00pm GPSA703B SGS / Gerber (Zoom)

3:00-4:30pm GPSA703P SGS / Hess (Room C)

4:50-7:10pm GPSA504 Human Development: Adulthood-Middle to Later Years / Hess (Main)

7:10-9:30pm GPSA825 Gender and Identity / Ashworth (Main)

### WEDNESDAY

2:30-4:00pm GPSA703E SGS / Silver (Room C)

4:50-7:10pm GPSA552 Intro to Research in Human Sciences: Quantitative and Qualitative/Vaccaro (Main)

4:00-5:30pm GPSA703F SGS / Lapides (Room C)

7:10-9:30pm GPSA545 Child Psychopathology / Lapides (Room C or Main)

### THURSDAY

9:00-11:20am GPSA831 Intervention Strategies for Working with Regressed States / Rosenthal (Main & Zoom)

9:00-11:20am GPSA758 Continuing Case / Rosenthal (Main & Zoom)

9:30-11:00am GPSA703G SGS / Bratt (Zoom)

12:00-1:30 pm GPSA703L SGS / Vaccaro (Vaccaro office)

2:15-3:15pm GPSA703H SGS / Lazar (Room C) – 2 students only

3:10-4:40pm GPSA703J SGS / Semel (Semel office)

3:15-4:15pm GPSA703N SGS / Miller (Zoom)

3:15-4:45pm GPSA703K SGS / DeLia (Room C)

4:50-7:10pm GPSA700 Fieldwork Practicum (1<sup>st</sup> semester only) / DeLia (Main)

4:50-7:10pm GPSA703 Fieldwork Seminar: Issues of Bias in the Treatment of Mental Illness / DeLia (Main)

4:50-7:10pm GPSA705 Fieldwork Seminar (If 703 has already been taken) / DeLia (Main)

4:50-7:10pm GPSA529 Transference and Countertransference / Silver (Main)

7:10-9:30pm GPSA750 Clinical Case Seminar / Bratt (Main)

### **Day/Time TBA:**

GPSA554 Research Seminar / Gerber (Zoom)

GPSA555B Proposal Writing: Professional Ethics & The Psychoanalytic Case / Gerber (Zoom)

GPSA586 Career Counseling / Chang

GPSA760/761 Clinical Research Tutorial

### ***Reminders:***

First day of class is on Tuesday, January 17<sup>th</sup>

Registration late date is Monday December 12th

No class Meetings:

3/27-3/31 Spring Break

5/8-5/15 Exam Week

## **ACAP COURSE DESCRIPTIONS SPRING 2023**

### **GPSA 504 Human Development: Adulthood – Middle to Later Years**

This course will focus on the intra-psychic, developmental, and biopsychosocial processes that occur during middle to later years with emphasis on some of the relevant life occurring challenges. Students will read and study developmental theory and case presentations of people and individuals in this phase. The objective of this course is for students to further their understanding of some of the conflicts and recapitulations of earlier conflicts in the life cycle that occur during this phase and how they cope. Also, to be studied are unconscious motivations in particular individuals, how people grapple with these aspects of their personalities, and manage this phase of development. The role of mental health, neurological, biological, environmental, and cultural factors will be explored in the context of later life. - 3 credits

### **GPSA 526 Resistance and Defense**

Psychic defenses are essential tools available to us for dealing with psychic pain. This course will study the use of defenses, from projection and splitting to repression and sublimation, in relation to emotional, psychosexual, and cognitive development. This course will consider mental illness a maladaptive psychic defense process, and psychoanalytic cure a state of mental wellbeing in which thoughts, feelings, and impulses can be tolerated comfortably without resorting to inappropriate action or self-destructive defense - 3 credits

### **GPSA 529 Transference and Countertransference**

In this course students learn about the theoretical and clinical meanings of transference and countertransference and their importance as a framework and tools in working effectively with people. They study, through ongoing cases, readings, films, and group discussion, the helping relationship, and techniques to facilitate understanding of transference and countertransference as they influence self-care and self-development. *Cert – Theory or Elective, MA – Elective* - 3 credits

### **GPSA 545 Child Psychopathology**

This course examines normal and psychopathology through a developmental lens from birth to adolescence. Child disorders from the perspective of both the DSM, psychoanalytic theory and biography. Literature and clinical material will provide a view from the diagnostician and those who are impacted. The DSM will be paired with first-hand accounts and psychodynamic understandings of symptoms clusters. The class will examine implications for treatment. Basic diagnostic skills will be applied to case material. Students will have the opportunity to observe their emotional reaction to the class material. *Cert – Theory or Elective, MA – Elective* - 3 credits

### **GPSA 552 Introduction to Research in Human Sciences: Quantitative and Qualitative Studies**

This course examines the bases of scientific inquiry. It provides a theoretical and practical knowledge of research and methodology, including principles of concept formation and research design. Special emphasis is given to ethical research practices. After a general review of research in the human sciences, students will concentrate on aspects of qualitative research. Students review the important tools, methods, and techniques for sound and ethical research, including the tools and date of outcomes research. They also learn to critically evaluate research literature. - 3 credits

### **GPSA 554 Research Seminar**

This intensive course guides students in their design and completion of the Master's paper within the guidelines of ethical research practices. Group work and close guidance of the instructors facilitates the thesis writing process. The course pays special attention to the formation of research question, research

methodology, and writing appropriate literature reviews. The course operates as an intellectual workshop in which students share the process as well as the results of their research with the group throughout the semester. Each seminar member chooses a research topic, collects, and analyzes data, writes a report, and then presents his/her research proposal in the middle of the semester and his/her research results in the seminar sometime during the last two weeks of the semester. The completed paper, when accepted by the two instructors, counts as the Master's Paper. Papers should be written in the style of the American Psychological Association (APA) Style Manual. - 3 credits

#### **GPSA 555B Research Seminar – Proposal Writing: Professional Ethics & The Psychoanalytic Case**

In this two-semester course, students will learn how to develop a proposal for the psychoanalytic case paper in the Certificate program. Students will prepare a narrative of the case dynamics which describes the course of treatment and presents a question about some aspect of the case that puzzles the student; show how the therapist listens to form an impression of the individual's emotional experience; write a review of the clinical literature that relates to the research area; and describe a method for analyzing a series of process recordings. This course meets the requirements for the Proposal Writing course as a prerequisite for the Tutorial sequence. \*Students must submit a request to their fellow and to the training committee for permission to enroll in this course. - 3 credits

#### **GPSA 586 Career Counseling**

This course is designed to provide an understanding of career development and the interrelationship between careers and personality' lifespan development; family; lifestyle choice; use of defense mechanisms and diversity. A broad understanding of career development theories, occupational and educational information sources, assessment tools, and measures, decision-making models and online resources will be reviewed. Students' assignments will be based on self-assessment modules in which the student will apply concepts, tools, and theory to the student's own life experience. - 3 credits

#### **GPSA 700 Fieldwork Practicum Treatment Beginnings & Small Group Studies (SGS)**

In this first Fieldwork segment, students are assisted in obtaining a Fieldwork placement, given early interviewing classroom practice in the initial encounters, and encouraged to begin studying the counseling/therapeutic process as they learn to recognize the various forms of psychopathology. They learn interviewing techniques to enable individuals to tolerate more comfortably the stimulation of the counseling/therapeutic experiences, and that allow them to talk with the counseling professional more freely. The importance of ethical issues will be examined throughout the course. *Required first semester fieldwork all programs* – 4 credits

#### **GPSA 703 Fieldwork Seminar – Issues of Bias in the Treatment of Mental Illness & Supervised Group Studies (SGS)**

In this course, students will study their countertransference responses, listen to, and become aware of dynamics and how each individual speaks to present these dynamics through symbolic communication. This clinical course has a focus on how perceptions shape our views of various society groups. Aspects of bias that influence practice experiences are examined while providing client hours at an externship site. Students will identify the phenomena of bias in cases presented in relation to diversity in terms of ethnic, Sociological and psychopathological processes. They will learn to observe their own reactions to the clinical work and use with growing understanding as a clinical and technical tool. Students' will achieve this by studying internal unexamined perceptions as well as broader societal prejudices, society trends and subgroups, interactions patterns and the impact of differing lifestyles and maladaptive behaviors, including stress, abuse, and discrimination on subjective responses. - 4 credits

**GPSA 705 Fieldwork Seminar: Working with Resistance in the Stages of Treatment**

In this segment of the fieldwork experience, students are prepared to work with the unique dynamics in the beginning, middle and end stages of treatment. The course prepares students to work within an ethical framework with a wide range of resistances that present in treatment. Special emphasis is placed on the working alliance, establishing the treatment contract, treatment destructive resistances and counter transference processes in relationship to working through the beginning, middle and end stages of treatment. *If GPSA703 has already been taken.* - 4 credits

**GPSA 750 Clinical Case Seminar: The Initial Diagnosis and Resistances: Psychoanalytic Theory of Psychodiagnosis**

This course is designed for students who are clinical candidates. Clinical cases are presented at an advanced level to consider for diagnostic examination. Students review diagnostic categories and case examples with emphasis on the beginning stages of treatment, resistances and psychodiagnosis within a clinical context. The course prepares students to work within an ethical framework with a wide range of presenting symptoms and offers a range of perspectives from counseling and psychoanalysis. Special emphasis is placed on the working alliance, establishing the treatment contract, treatment destructive resistances and counter transference processes in relationship to establishing the treatment given a range of presenting problems. - 3 credits

**GPSA 758 Continuing Case Seminar**

Through continuing case presentations of three cases, students will apply theory to practice. With the agreement of the training committee, this course can be selected as fulfilling the requirement for the clinical case course after four semesters of successful completion of clinical case coursework. - 3 credits

**GPSA 760/761 Clinical Research Tutorial**

Students in the Certificate program work individually with a chairperson after development of a proposal approved by the training committee. The chairperson assists the student in completion of the proposal for the project through completion, approval, and final presentation of the project. - 3 credits

**GPSA 825 Gender and Identity**

This course will examine the biological, neurological, social, cultural, and intrapsychic relationship of gender roles, sexual orientation, and gender identity. Gender is explored in the context of self, family, and cultural institutions such as schools, religious institutions, the legal system, and the health care system. It will present related models of theory and practice within psychoanalysis and counseling. Normal and pathological developmental lines are considered. *Cert – Theory or Elective, MA - Elective* - 3 credits

**GPSA 831 Intervention Strategies for Working with Regressed States**

This course considers the technique by exploring psychodynamic intervention strategies for working with regressed states. Historical and contemporary theories and clinical cases are presented for basic to advanced mental health counseling strategies with a range of dynamics. Ethical and cultural considerations are explored. *Cert – Theory or Elective, MA – Elective* - 3 credits