



Academy of Clinical and Applied Psychoanalysis

Fall 2024 Semester



Student Registration Packet

Certificate Program & Non-Matriculation

301 South Livingston Avenue, Livingston, NJ 07039 973-629-1001 acapnj.org

Registration Policies and Procedures

Students are required to arrange a meeting with their Advisor prior to the last month of the semester to plan course registration for the following semester. The student and the Advisor can prepare for the meeting by completing the course checklist relevant to the student's program of study. The student is invited to seek the Advisor's understanding and counsel with regard to any difficulties that may have arisen in their course of study so far. Should any such difficulties persist without resolution, the student and the Advisor should inform the Coordinator of Advisement.

A completed registration packet includes the following:

1. A signed registration form
2. The advisement form signed by advisor and student
3. A confirmation of analysis form (due annually with fall registration)
4. Payment in full, or
5. An approved payment plan

Incomplete registrations will not be accepted by the registrar.

Late fees:

For continuing students, registration is considered late if it is submitted after the indicated date on the semester registration form.

The late fee is \$150.

New students are invited to register up to the first week of classes. There is no late fee for a new student in their first semester. The following semester, policies for continuing students will apply. New students are assigned an advisor at the time of their course registration. New students should be advised that beginning an analysis with an approved modern psychoanalyst should begin by the 2nd semester of enrollment.

2024 Semester Dates

SPRING 2024

January 16th-May 17th (May 13th-May 17th **Exam week**)

NO CLASS:

March 25th-March 29th (Spring Break)

SUMMER 2024

May 29th-August 9th (August 5th-August 9th **Exam Week**)

NO CLASS:

July 4th

FALL 2024

September 4th-December 27th (December 23rd-December 27th **Exam Week**)

NO CLASS:

November 27th and November 28th (Thanksgiving Break)



And



Institute of Counseling
and Psychoanalytic Studies
— New Jersey's BGSP Campus

FALL 2024

September 4th - December 27th

(No class November 27th and November 28th, Holiday)
(December 23rd - December 27th Exam Week)

MONDAY

4:50 - 7:10pm GPSA 511 The Counseling Profession/McGee
7:10 - 9:30pm GPSA 101 Clinical Assessment and Appraisal/Grant

TUESDAY

10:30 - 12:00pm GPSA 703C - SGS/Ashworth
12:00 - 2:20pm GPSA 503 Human Development: Adolescence to Adulthood/Gerber
3:00 - 4:30pm GPSA 703P - SGS/Hess
4:50 - 7:10pm GPSA 536 Comparative Psychotherapies II: Theories of Counseling/Hess
5:50 - 6:50pm GPSA 703D - SGS/Thomas
7:10 - 9:30pm GPSA 700 Fieldwork Practicum Seminar/Ashworth
7:10 - 9:30pm GPSA 703 Fieldwork Seminar - Issues of Bias in the Treatment of Mental Illness & Supervised Group Studies/
Ashworth

WEDNESDAY

2:00 - 4:20pm GPSA 184 Psychopathology: Primitive Mental States/Silver, TA-Saunders
4:50 - 7:10pm GPSA 753 Clinical Case Seminar: Practice Technique in Dreams and Symbolic Communication/Vaccaro
7:10 - 9:30pm GPSA 535 Couples through the Lifespan: A Modern Psychoanalytic Approach to Marital - Couples Therapy/
Kane

THURSDAY

9:00 - 11:20am GPSA 758 Continuing Case Seminar: Clinical Practice/Rosenthal
9:00 - 11:20am GPSA 526 Resistance and Defense/Rosenthal
9:30 - 11:00am GPSA 703G - SGS/Bratt
12:00 - 1:30pm GPSA 703L - SGS/Vaccaro
2:00 - 3:30pm GPSA 703M - SGS/Miele
2:15 - 3:15pm GPSA 703B - SGS/Lazar
3:00 - 4:30pm GPSA 703E - SGS/Silver
3:10 - 4:40pm GPSA 703J - SGS/Semel
3:15 - 4:45pm GPSA 703K - SGS/DeLia
4:50 - 7:10pm GPSA 552 Introduction to Research in Human Sciences: Quantitative and Qualitative Studies/DeLia
4:50 - 7:10pm GPSA 753 Clinical Case Seminar: Practice Technique in Dreams and Symbolic Communication/Semel
7:10 - 9:30pm GPSA 562 Neuropsychanalysis and the Resilient Mind/Bratt

GPSA 703B - SGS/Lapides (time and date to be announced)
GPSA 760/761 Clinical Research Tutorial - Day/time arranged with instructor/faculty
GPSA 555A Research Seminar - Proposal Writitng/Gerber/To be Arranged

One Year Program - Lapides/Time and dates to be announced

FALL 2024 COURSE DESCRIPTIONS

GPSA101 Clinical Assessment and Appraisal (3 credits)

This course provides an overview of the appraisal process including observation, interviewing, measures, resources, and tools to formulate a clinical understanding of clients within a broad range of settings and within a survey of populations. Behavior, observations, etiology, symptomology, assessment, countertransference, and treatment will be examined in working with clients representing the lifespan. The course examines issues of reliability, diversity, limitations, and ethical practice in relation to the validity of the assessments. Students explore the relationship between assessment, findings, diagnosis, intervention and treatment planning.

GPSA184 Psychopathology: DSM, Psychodiagnosis and Case Study (3 credits)

This course examines psychopathology of severely regressed states from the perspective of both the DSM, psychoanalytic theory and case study. This comparative approach to diagnosis includes a consideration of symptoms and behaviors listed in the DSM with psychiatric understanding of etiology and function contrasted with an augmented by a psychodynamic understanding. The two different approaches to the diagnostic process will be explored in the course, including the diagnostic and statistical system (DSM), use of the mental status exam, use of clinical interviewing and induced countertransference feelings. The class also discusses implications for treatment. Students will have the opportunity to begin clinical studies by observing their emotional reaction to the class material and visiting two settings.

GPSA503 Human Development: Adolescence to Adulthood (3 credits)

This course will focus on the intra-psychic, developmental, and biopsychosocial processes that occur during puberty to adulthood will be examined, concentrating on the expression of the basic drives as the individual emerges and separates from the dependencies of childhood and eventually leaves home to start life on his or her own. Freud's hallmark of maturity, "the ability to work and love," will be used to study the conflicts and resistances of these crucial stages. Students examine these processes through readings, case presentations, and personal experience.

GPSA511 The Counseling Profession (3 credits)

This course provides a broad understanding of the psychoanalytic counseling profession as defined by the history, professional standards, scope of practice and application of ethics to theory and practice. The professions of counseling and psychoanalysis are defined and compared through their historical roots with exploration of overlapping practice methods. The importance of personal and professional self-care is emphasized. Students learn ethical decision-making models to assist in making practice decisions.

GPSA526 Resistance and Defense (3 credits)

Psychic defenses are essential tools available to us for dealing with psychic pain. This course will study the use of defenses, from projection and splitting to repression and sublimation, in relation to emotional, psychosexual, and cognitive development. This course will consider mental illness a maladaptive psychic defense process, and psychoanalytic cure a state of mental wellbeing in which thoughts, feelings, and impulses can be tolerated comfortably without resorting to inappropriate action or self-destructive defense

FALL 2024 COURSE DESCRIPTIONS CONTINUED

GP535 Couples through the Lifespan: A Modern Psychoanalytic Approach to Marital/Couples Therapy (3 credits)

How does early attachment affect a couple's ability to have a healthy, satisfying relationship? The experience of being a couple grows out of early attachment. This course will explore how couples develop and maintain an attachment. Topics will include how couples maintain intimacy over the lifespan, conflicts including secrets, lying and affairs, patterns of commitment, sex, childrearing, blended families, empty nesting, end of life issues and the continuous requirements for change that naturally develop over the life cycle. When couples make their way to the consultation room, how can the therapist intervene?

GP536 Comparative Psychotherapies II: Theories of Counseling & Psychoanalysis (3 credits)

This course surveys major theoretical schools of counseling and psychoanalysis and how to apply their underlying premises in practice. Students will learn about the contributions of these fields to form a broad understanding of clinical techniques from forming the therapeutic relationship, developing a case conceptualization to interviewing and developing a range of intervention strategies with a range of cases. Special emphasis is placed on how each perspective informs how interventions are developed and implemented according to the treatment progression.

GP552 Introduction to Research in Human Sciences: Quantitative and Qualitative Studies (3 credits)

This course examines the bases of scientific inquiry. It provides a theoretical and practical knowledge of research and methodology, including principles of concept formation and research design. Special emphasis is given to ethical research practices. Students review the important tools, methods, and techniques for sound and ethical research, including the tools and data of outcomes research. They will learn to critically evaluate research literature. After this general review of research in the human sciences, students will study the practitioner scholar model of applying research to everyday practice.

GP555A Proposal Writing: Professional Ethics & the Psychoanalytic Case Study Seminar (3 Credits – companion of 555B but not sequential)

In this companion course to 555B, students will learn how to develop a proposal for or to work on the culminating psychoanalytic case paper in the Certificate program. Students will prepare a narrative of the case dynamics which describes the course of treatment and presents a question about some aspect of the case that puzzles or interests the student; show how the therapist listens in order to form an impression of the individual's emotional experience; write a review of the clinical literature that relates to the research question; and analyze what they have learned when applying further knowledge to case process recordings. This course meets the requirements for the Proposal Writing course as a prerequisite for the capstone tutorial sequence. *Students must submit a request to the training committee for permission to enroll in this course.

GP562 Neuropsychoanalysis and the Resilient Mind (3 credits)

Neuropsychoanalysis is the intersection of psychodynamic thinking and neuroscience. Over the past three decades research in neuroscience has led to breakthroughs that significantly expand our understanding of the brain-mind dyad and psychotherapeutic practice. The importance of considering both the physical functions of the brain and its reciprocal, essential interactions with the subjective mind is clear. Clinical practice is enhanced by a comprehension of neurobiological forces that influence brain function and the subjective experience of being: consciousness and relationship to the world of lived experience. This course will explore the fundamentals of neuroscience that impact the developing mind, adaptive skills, and interpersonal relationships – all in relation to psychodynamic practice. Course resources will include: readings, films, guest lecturers, and case presentations.

FALL 2024 COURSE DESCRIPTIONS CONTINUED

GPSA700 Fieldwork Practicum Seminar & Supervised Group Studies (SGS) (4 credits)

In this first segment of the fieldwork experience, students are supported to apply skills and develop self-awareness through clinical experiences while interfacing with the fieldwork coordinator, mentor, clinical supervisor, academic advisor. Students are guided in a clinical site to initiate therapeutic relationship and apply basic techniques to facilitate understanding of transference while the student observes themselves through describing countertransference experiences. Ethical approaches to practice are emphasized.

GPSA 703 Fieldwork Internship Seminar – Continuing Fieldwork Seminar & Supervised Group Studies (SGS) (4 credits)

The Fieldwork experiences provides an opportunity to apply theory and practice counseling and psychoanalytic techniques through practicing in a clinical setting under supervision. GPSA 704 is taken when the student has not completed the required number of total fieldwork hours, fieldwork paper or presentation by the completion of course GPSA703. The student remains enrolled in GPSA 704 until the fieldwork study, paper and presentation are completed. As the student moves through the fieldwork sequence, the student has increasing ability for independence and develops professional identity. The student learns advanced techniques to enable individuals to tolerate more comfortably the stimulation of importance and professional, ethical and cultural issues will be examined throughout the course. Students psychoeducational group in addition to individual work with clients.

GPSA753 Clinical Case Seminar: Practice Technique in Dreams and Symbolic Communication (3 credits)

This semester we will examine countertransference and ethical issues as they interact in decisions on treatment and technique. Often the conscious and unconscious attitudes of the analyst that shape countertransference also influence one's ethical position. Case examples and readings will help students describe reactions and use them in their treatment decisions. A special focus will be on how analysis of symbolic communication and dreams are influenced by one's countertransference. Students take this advanced course for the duration of their Consultation Center work. It is designed to help students work with patients, to recognize early resistances in treatment, and to understand induction and countertransference resistances in treatment.

GPSA758 Continuing Case Seminar (3 credits)

Through continuing case presentations of three cases, students will apply theory to practice. With the agreement of the training committee, this course can be selected as fulfilling the requirement for the clinical case course after four semesters of successful completion of clinical case coursework.

GPSA760/761 Independent Clinical Research Tutorial (3 credits)

The student works individually in independent research tutorial with a faculty member until the project is completed. A second reader approves the paper as well.



Academy of Clinical and Applied Psychoanalysis

REGISTRATION FORM Fall 2024

September 4th - December 27th

- Certificate Program
- Non-Matriculation

Select one:

Distance Learner: _____ Hybrid: _____ In-Person: _____

SCHEDULE OF FEES FOR FALL SEMESTER	
Program Tuition Fees	
Certificate Course Tuition	\$835
Small Group Supervision	\$835
Non-Refundable Registration Fee	\$150
Handling Fee for PayPal	\$ 25
Research Supervision Tutorial	\$835
Lab Fee (1st yr/after 1st yr)	\$400/\$600
<i>*Includes Library, PEP, Journal, and Student Activity Fees*</i>	
Administrative Fees	
Late Fee	\$150
Transcript of Student Record	\$ 20
Leave of Absence	\$100
Graduation	\$150

Name _____

Street address _____

City _____ State _____ Zip _____

Phone _____ Country _____

Email _____

Emergency contact name & phone _____

COURSE#	COURSE TITLE			DAY/ TIME	FACULTY	FEE
SGS (must list 3 choices)	1 st choice	2 nd choice	3 rd choice			
	Registration fee (required for all registrations) \$150					
	Late fee \$150 after June 23rd					
	TOTAL AMOUNT DUE					

Please make checks payable to ACAP and mail to ACAP 301 South Livingston Ave, Livingston, NJ 07039

Refund Policy:

Registration fees are non-refundable
Before 1st class meeting 100% tuition refund
Before 2nd class meeting 50% tuition refund
After 3rd class meeting no refunds

Student Signature _____ Date _____

Advisor Signature _____ Date _____

Registration will not be accepted without Advisor signature and up to date Confirmation of Analysis



SGS Registration Form

Fall 2024

September 4th - December 27th

Program: ACAP _____ ICPS _____

Will you be registering for Fieldwork? _____ Will you be starting a new group? _____

Full Name: _____

Street Address: _____ City: _____

State: _____ Zip Code: _____ Country if not U.S.: _____

Cell Phone: _____ Email: _____

Emergency Contact Name/Phone: _____

Will you be registering for Fieldwork? _____ Will you be starting a new group? _____

SGS Choice	Course Number	Instructor	Day & Time
SGS 1 st Choice			
SGS 2 nd Choice			
SGS 3 rd Choice			

Students will remain in the same SGS for one year (two full semesters including Summer). Requests to change your group early must be submitted to the training committee through your advisor.

Student Signature: _____ Date: _____

Advisor Signature: _____ Date: _____

Office use only:

Date office received: _____

Record of Student Advisement

ACAP _____ ICPS _____

In-Person: ___ Hybrid: ___ Distance Learner: ___

Student Name _____ Semester _____ Year _____

Advisor Name _____ Meeting Date _____

Student File Reviewed? ___ Goals Reviewed? ___ Registration Reviewed? ___

Student approved to register for the following courses:

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

Course ID & Title _____ Semester _____

ADVISOR COMMENTS AND RECOMMENDATIONS

Please list all specific recommendations made to students concerning any aspect of their progress in the ACAP training program. Students should review comments and recommendations of the Advisor. Please attach more sheets as needed. Place the Record Advisement Form in the student file.

Student Signature: _____ **Date** _____

Advisor Signature: _____ **Date** _____

CONFIRMATION OF ANALYSIS

ACAP _____ BGSP-NJ _____ Semester _____ Year _____

Personal analysis with an approved analyst must begin by the second semester and is required throughout training. Students are responsible for the completion and submission of the Confirmation of Analysis form at the beginning of the fall and spring semester of each school year. Students are encouraged to remain in analysis as long they are in the program of study.

Individual Analysis

Student's Name _____

Analyst's Name _____

Total Number of Individual Sessions since Last Semester's report _____

Total Number of Individual Sessions to Date _____

Student Signature _____ **Date** _____

Analyst Signature _____ **Date** _____

Group Analysis

Total Number of Group Sessions since Last Semester's Report _____

Total Number of Group Sessions to Date _____

Student Signature _____

Analyst Signature _____

Date _____



Academy of Clinical and Applied Psychoanalysis

301 S. Livingston Ave
Livingston, NJ 07039
www.acapnj.org; 973-629-1001

Education Disclosure (Psychoanalytic Certificate Students)

Date: _____

Name: _____

Long Distance Learning Status:

Long Distance _____

Hybrid* _____

In Person _____

*Hybrid is defined as a combination of Video Conferencing and In Person

Upon graduation, I plan is to practice psychoanalysis in the following State(s): _____

State Licensure as a Psychoanalyst

Please be advised that the Post Master's Psychoanalytic Certificate Program offered by the Academy of Clinical and Applied Psychoanalysis (ACAP) in which you are currently enrolled provides the educational requirements to enter the field as a State recognized psychoanalytic professional in New Jersey, New York and Vermont.

New Jersey: <https://www.njconsumeraffairs.gov/psya/Pages/regulations.aspx>

New York: <https://www.op.nysed.gov/professions/psychoanalysts/license-requirements>

California: <https://www.mbc.ca.gov/Licensing/Research-Psychoanalyst/practice-information/>

Vermont: <https://sos.vermont.gov/psychoanalysts/>

In New York State, LP educational requirements are met with this curriculum. Diagnose and Treat privileges may require additional coursework and/or supervised hours (beginning April 2024).

ACAP is unable to confirm through outreach efforts if ACAP's educational requirements allow or do not allow you to enter the field of psychoanalysis in other state(s).

Graduates also may be able to practice psychoanalysis in the state under a license in another profession. Students who are seeking credentialing or have credentialing in another field are encouraged to know and consult the relevant bodies regarding the rules and regulations governing that profession when making decisions about education, supervision and treatment.

Printed Name: _____

Signature: _____

Date: _____

The Paulette Katz Memorial Scholarship Application

The Paulette Katz Memorial Scholarship is being offered by the Lipsey family in memory of their Aunt Paulette Katz. This scholarship will be awarded to a student in the ACAP Certificate program or the ICPS Master of Arts program. The purpose of this scholarship is to assist students who have educational financial needs. ACAP or ICPS students are invited to apply.

The following must be submitted by email to support@acapnj.org **no later than June 23rd, 2024:**

1. Completed scholarship application.
2. A statement describing your professional goals, financial need & any other reasons for seeking this scholarship.
3. A letter of recommendation from an ACAP/ICPS faculty member. New students may include a letter of recommendation from an instructor from a previous school.

This form is in a fillable format. Save to your computer, complete, save again, and ready to email.

Student Information			
Full name			
Full address			
Email			
Phone number			
Undergraduate degree	School	Major:	Year:
Graduate degree	School	Major	Year:
Current employment description:			
Clinical/Professional experience			
How did you learn about ACAP / ICPS			
Academic Plan			
Level of study Certificate or Master of Arts			

Applicant Signature _____ Date _____

Please email this application & supporting documents to the Paulette Katz Scholarship Committee at support@acapnj.org no later than the June 23rd, 2024 deadline.



ACAP

A Mental Health Resource

301 South Livingston Avenue – Suite 202 Livingston NJ 07039

973-629-1001 www.acapnj.org

Dear Applicant, The Joining Forces Tuition Assistance Program was developed by The Academy of Clinical and Applied Psychoanalysis (ACAP), to provide administrators, health center workers, clinicians, teachers and anyone who works with vulnerable populations with greater accessibility to the opportunity to participate in ACAP's programs through tuition assistance. The program has made ACAP a more diverse and community responsive psychoanalytic institute, linking our training directly to those who are interfacing with the most needy populations and sites.

Joining Forces (JF) originated through a partnership between the Healthcare Foundation of New Jersey and ACAP. The program has been funded by the Robert and Joan Dircks Foundation since 2009. Joining Forces tuition assistance is an up to half (50%) tuition grant award. The JF tuition assistance grant is applied towards any of ACAP programs with the exception of the Clinical Supervision Course.

Candidates are eligible if he or she:

- serves a socially, psychologically, cognitively, or medically vulnerable population;
- is enrolled in the one year program, ACAP's conferences, TRS program or an ACAP certificate program course;
- is in the first three semesters of the ACAP certificate program.

Tuition assistance grants are not available to certificate program students after the third semester of study.

To apply, the candidate must:

- complete an application and registration form for the program of choice;
- become accepted, if required, and registered with the ACAP administrative office for the course;
- complete and submit a tuition assistance form documenting eligibility criteria to the tuition assistance committee
- pay the remaining balance towards the course before tuition assistance will be applied to the student's account.

Tuition Assistance applications that are reviewed and approved will result in a letter or e-mail stating the amount granted and the course that the tuition assistance covers or the applicant will be contacted regarding ineligibility. Tuition assistance does not make a student ineligible for work study or other ACAP programs or assistance. It is not financial aid and does not require repayment. ACAP appreciates participants' letters of appreciation that are submitted directly to the funder to encourage continued support or participation in volunteer activities at ACAP.

Tuition assistance is not always available and is based on Funding availability, funders' restrictions and eligibility guidelines. Additional questions can be directed to the Tuition Assistance Committee at vaccaroaj@aol.com.

Sincerely,

Annette Vaccaro, LCSW, ATR-BC, NCPsyA, ACS, ATCS
Director of Academic Affairs
vaccaroaj@aol.com
973-629-7808

FOR MORE INFORMATION, CALL: 973-629-7808



**Application for Tuition Assistance
The Robert and Joan Dircks Foundation
Due June 23rd, 2024 for Fall Semester**

Name: _____

Address: _____

E-mail: _____

Phone number(s): _____

Employer: _____

Do you work for a non-profit setting with a vulnerable population?
Please explain:

Does your employer provide tuition or conference reimbursement: ___yes ___no
Have you taken ACAP courses before: ___yes ___no If yes, please describe how you applied your training to work and life:

(continue on reverse if needed)

Amount of Request (up to 50% of tuition): _____ Semester for request: Spring ___ Summer ___ Fall ___ Year _____

I am available to assist ACAP in: ___event planning ___research ___outreach ___other:
Days and Hours:

ACADEMIC PLAN

Course title(s):

Number of courses:

Level of study: ___One Year Program ___Visiting Student ___Other: _____

Certificate: ___Level A, Into ___Level A, Extern ___Level B, Clinical

Candidates are eligible if he or she:

- serves a socially, psychologically, cognitively, or medically vulnerable population;
- is enrolled in the one year program, ACAP's summer conference, TRS program or ACAP certificate program courses;
- is in the first three semesters of the ACAP certificate program.

Tuition assistance grants are not available to certificate program students after the third semester of study.

To apply, the candidate must:

- complete an application and registration form for the program of choice & return to the administration office;
- become accepted, if required, and registered with the ACAP administrative office for the course;
- complete and submit a tuition assistance form documenting eligibility criteria to the tuition assistance committee
- pay the remaining balance towards the course before tuition assistance will be applied to the student's account.

Advisor Signature: _____ Name: _____ Date: _____

Fund Coordinator _____ Date _____ Amount Awarded _____

Registration Checklist

Student registrations **must** include the following:

- Registration form signed by advisor
New students may meet with the Admissions Director for their first term advisement.
- Advisement form
New students may meet with the Admissions Director for their first advisement.
- Payment in full or approved payment plan
- Confirmation of analysis form
All returning students submit a Confirmation of Analysis form. New students submit a statement once they have entered analysis. Due annually with Fall registration.
- Education Disclosure Form
- Scholarship Forms (if applying please remember to send supporting documents before indicated deadline.)

Incomplete forms will be returned to the student and delay both registration and admission to class. Registration is complete when **all** required forms are received with payment.

Any questions regarding registration please contact
Idalis Arcangel
(973) 629-1001
support@acapnj.org